

Focus su aspetti diagnostici e discriminanti per la scelta della terapia



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Il sottoscritto Claudio Micheletto

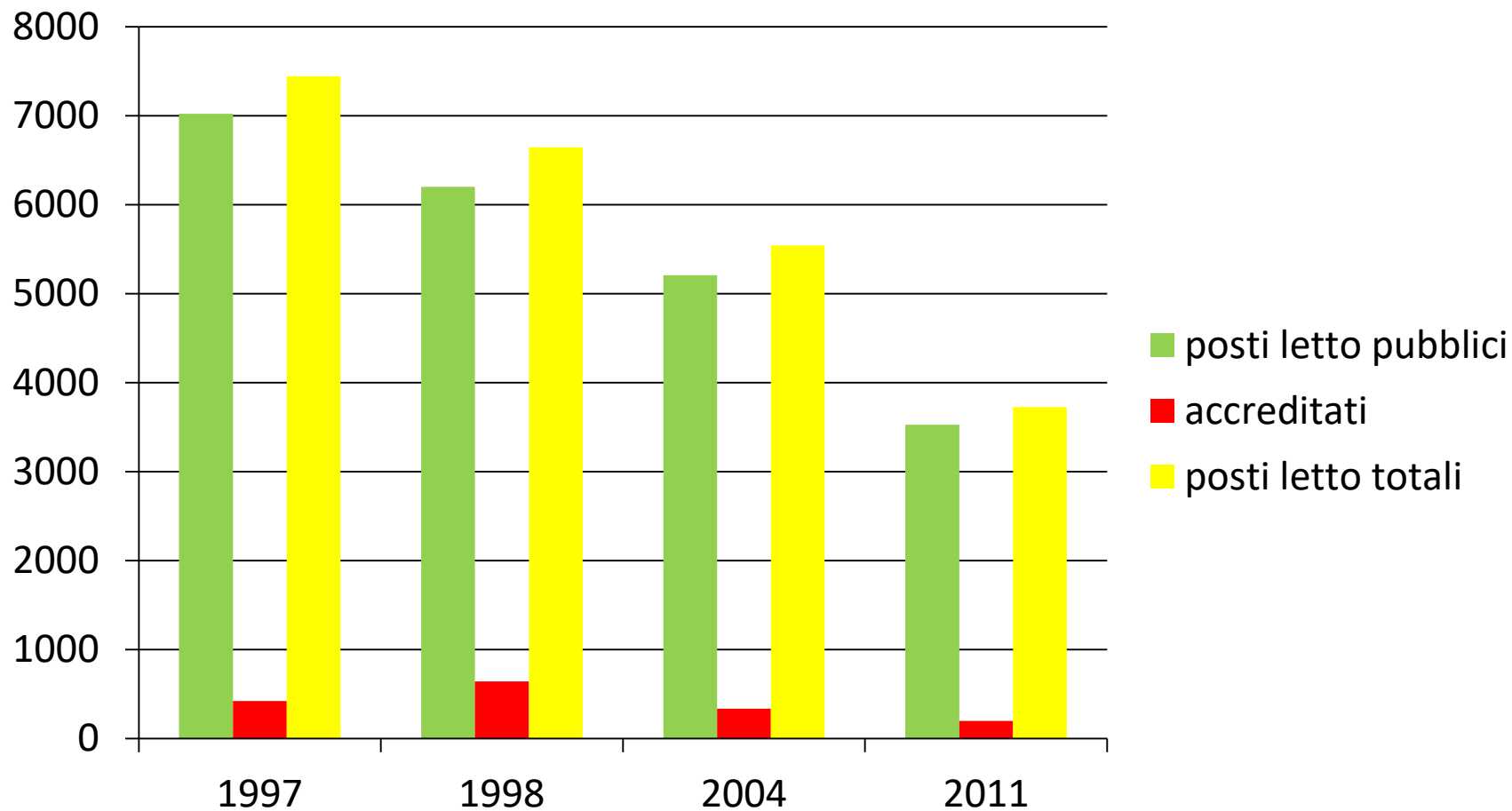
ai sensi dell'art. 3.3 sul Conflitto di Interessi, pag. 17 del Reg. Applicativo dell'Accordo Stato-Regione del 5 novembre 2009,

dichiara

che negli ultimi due anni ha avuto rapporti diretti di finanziamento con i seguenti soggetti portatori di interessi commerciali in campo sanitario:

- GSK
- ASTRAZENECA
- GUIDOTTI

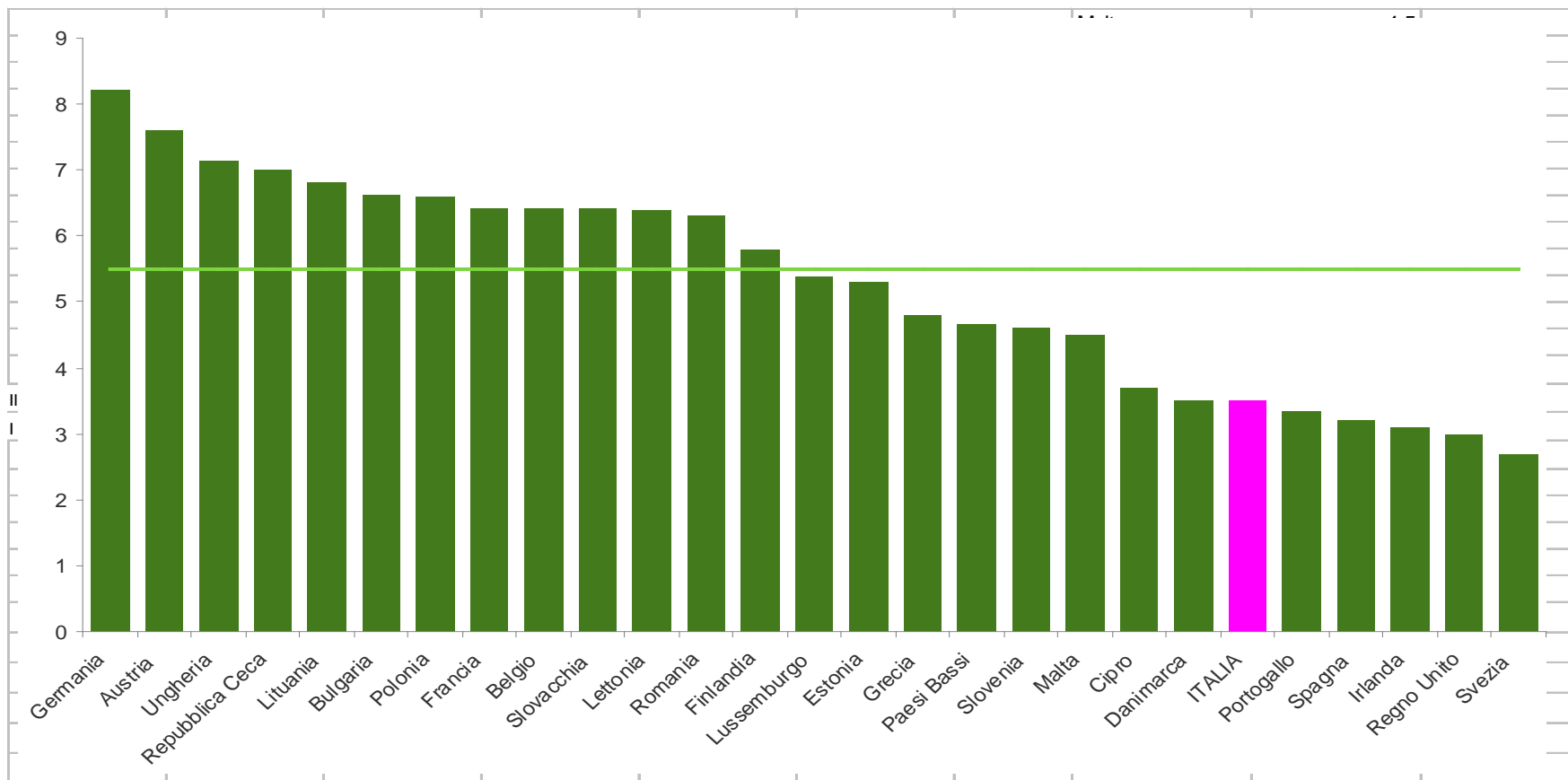
Numero posti letto pneumologia



Dati Ministero della Salute

Posti letto nei paesi Ue

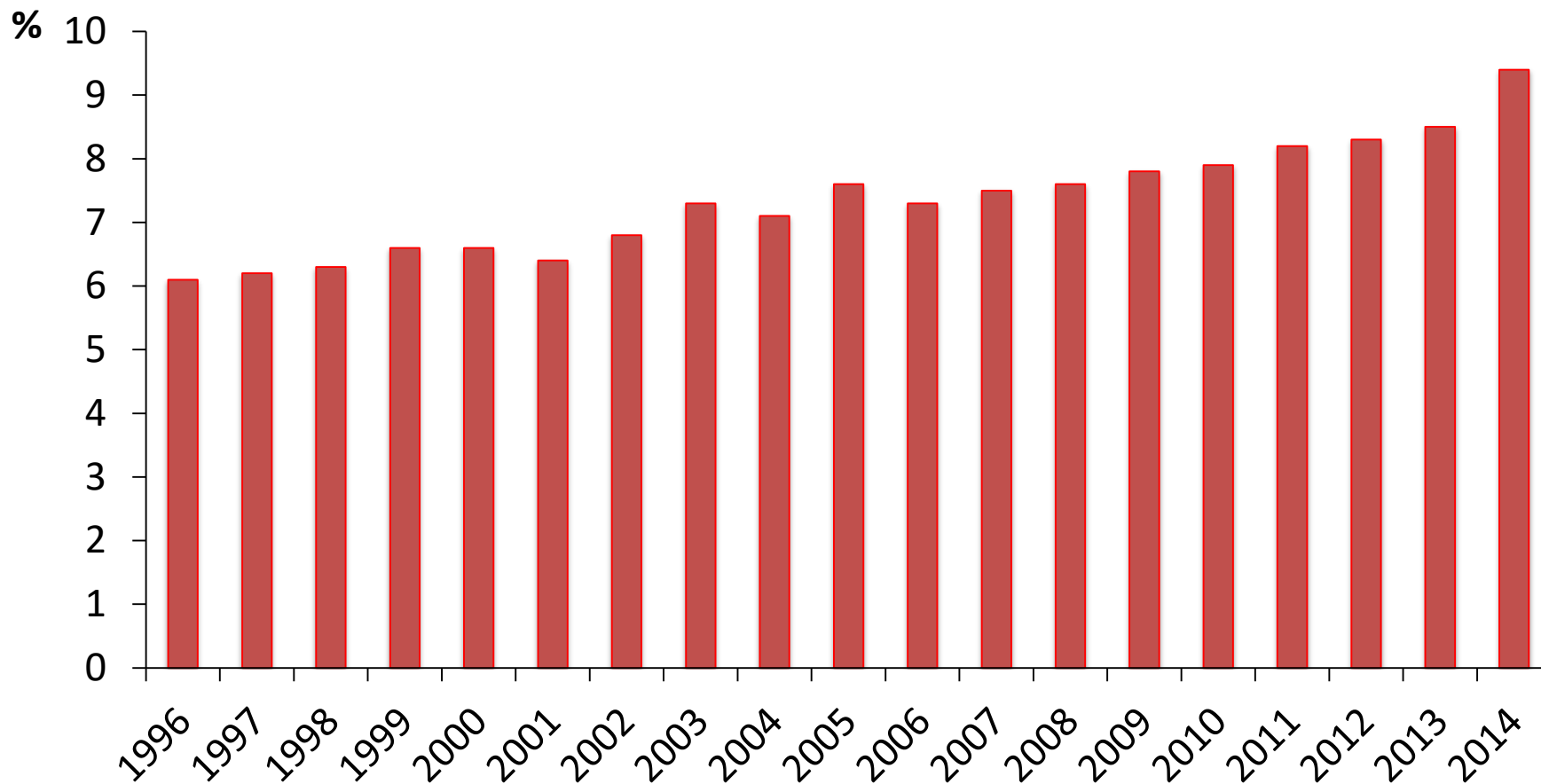
Anno 2010 (per 1.000 abitanti)



MDC	DIMISSIONI	%	GIORNATE DI DEGENZA	DEGENZA MEDIA (giorni)
Malattie e disturbi del sistema nervoso	219.185	6,8	1.784.561	8,1
Malattie e disturbi dell'occhio	41.291	1,3	119.331	2,9
Malattie e disturbi dell'orecchio, del naso della bocca e della gola	113.918	3,6	363.142	3,2
Malattie e disturbi dell'apparato respiratorio	300.077	9,4	2.834.040	9,4
Malattie e disturbi dell'apparato cardiocircolatorio	475.081	14,8	3.395.223	7,1
Malattie e disturbi dell'apparato digerente	295.350	9,2	2.012.367	6,8
Malattie e disturbi epatobiliari e del pancreas	149.835	4,7	1.176.863	7,9
Malattie e disturbi del sistema muscolo-scheletrico e connettivo	407.377	12,7	2.481.418	6,1
Malattie e disturbi della pelle del sottocutaneo e della mammella	89.340	2,8	379.385	4,2
Malattie e disturbi endocrini, nutrizionali e metabolici	82.090	2,6	446.100	5,4
Malattie e disturbi del rene e delle vie urinarie	169.668	5,3	1.153.191	6,8
Malattie e disturbi dell'apparato riproduttivo maschile	56.117	1,7	271.198	4,8
Malattie e disturbi dell'apparato riproduttivo femminile	100.283	3,1	409.106	4,1
Gravidanza, parto e puerperio	296.788	9,2	1.118.328	3,8

Dipartimento della Programmazione e dell'Ordinamento del SSN. Dicembre 2014

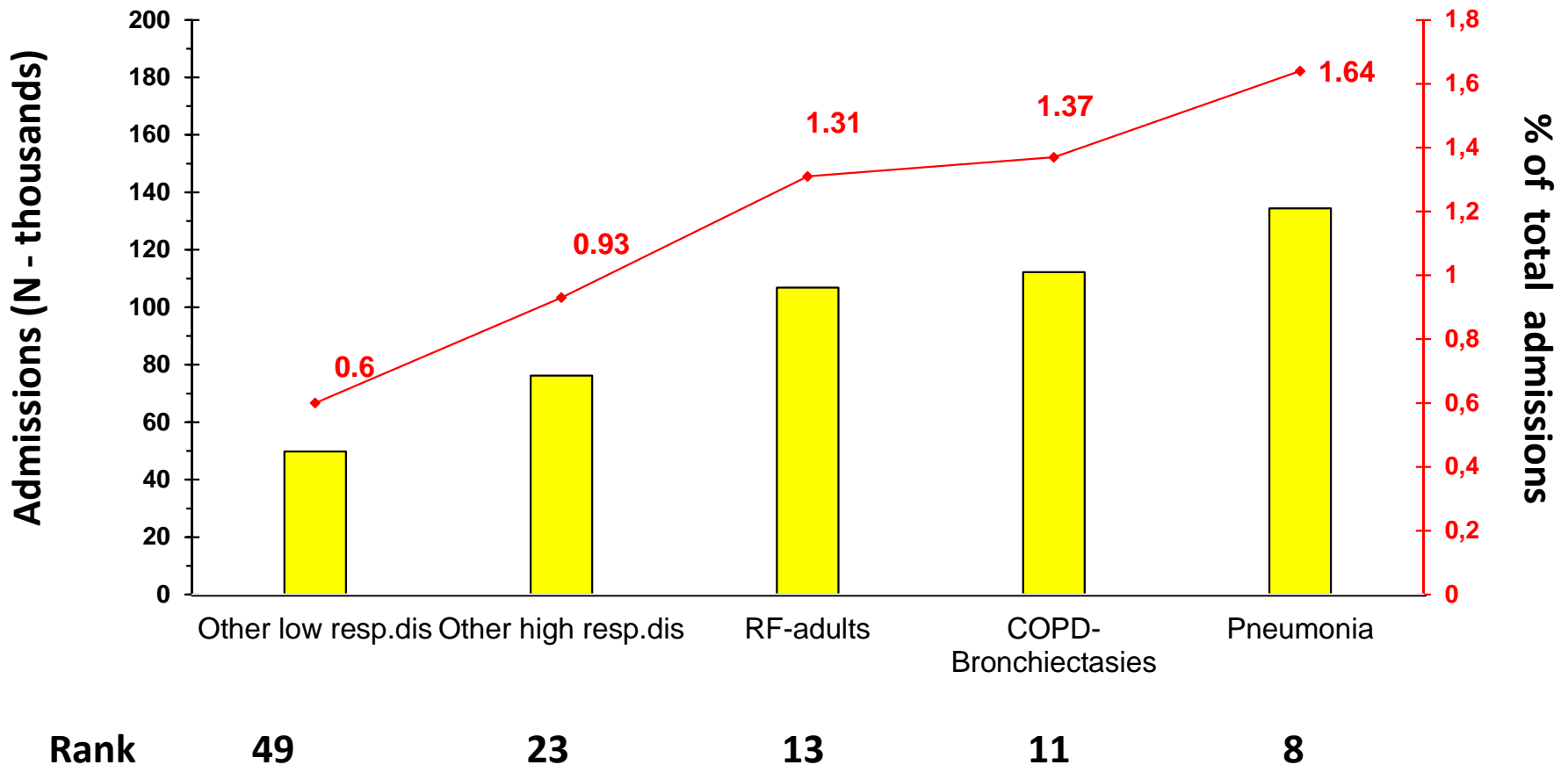
MALATTIE E DISTURBI RESPIRATORI



Dipartimento della Programmazione e dell'Ordinamento del SSN. Dicembre 2014

Italia – Prime 50 diagnosi di malattie respiratorie

Ammissioni per malattie acute – Regime ordinario - 2005



Excluding Pneumonia caused by TBC or sexually transmitted

www.ministerosalute.it

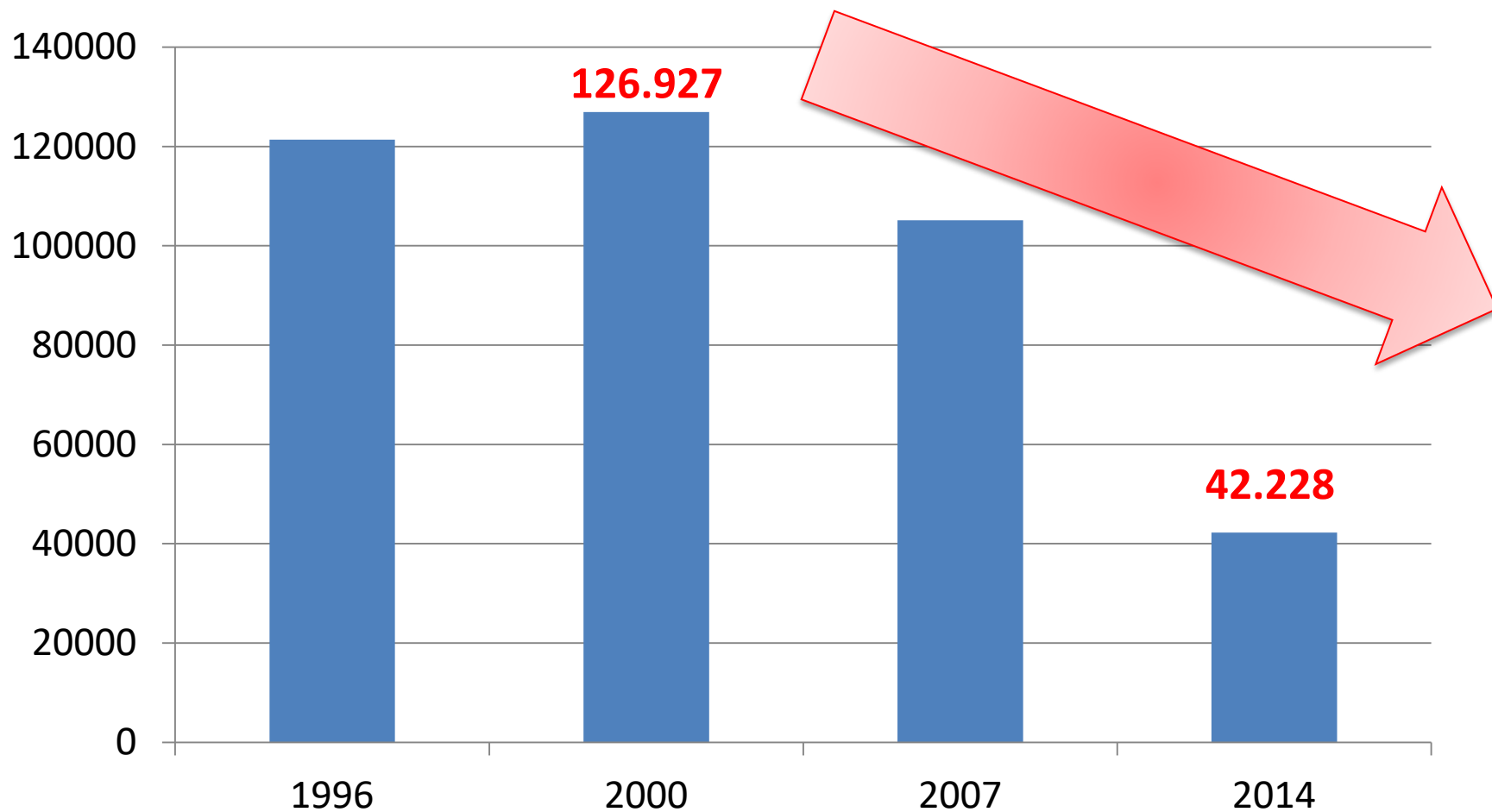
Tavola 3.10 - Primi 50 Drg (Diagnosis related groups) per numerosità delle dimissioni e degenza media: ricoveri per acuti in regime ordinario - Anno 2011

Diagnosis related groups (DRG) (a)	Dimissioni		Degenza media (b)
	Numero	% sul totale	
373 M Parto vaginale senza diagnosi complicanti	316.814	4,5	3,5
127 M Insufficienza cardiaca e shock	199.658	2,8	9,1
371 C Parto cesareo senza CC	187.221	2,7	4,7
544 C Sostituzione di articolazioni maggiori o reimpianto degli arti inferiori	140.133	2,0	10,1
087 M Edema polmonare e insufficienza respiratoria	115.958	1,6	9,7
359 C Interventi su utero e annessi non per neoplasie maligne senza CC	114.293	1,6	3,9
014 M Emorragia intracranica o infarto cerebrale	92.725	1,3	10,4
430 M Psicosi	88.536	1,3	13,7
494 C Colectomia laparoscopica senza esplorazione del dotto biliare comune senza CC	78.826	1,1	4,1
410 M Chemioterapia non associata a diagnosi secondaria di leucemia acuta	75.354	1,1	4,2
316 M Insufficienza renale	73.964	1,0	9,6
183 M Esofagite, gastroenterite e miscellanea di malattie dell'apparato digerente, età > 17 anni senza CC	71.772	1,0	4,9
089 M Polmonite semplice e pleurite, età > 17 anni con CC	69.146	1,0	11,5
503 C Interventi sul ginocchio senza diagnosi principale di infezione	68.618	1,0	2,2
162 C Interventi per ernia inguinale e femorale, età > 17 anni senza CC	64.633	0,9	1,9
467 M Altri fattori che influenzano lo stato di salute	63.561	0,9	4,3
125 M Malattie cardiovascolari eccetto infarto miocardico acuto, con cateterismo cardiaco e diagnosi non complicata	63.161	0,9	3,5
390 M Neonati con altre affezioni significative	60.213	0,9	3,9
088 M Malattia polmonare cronica ostruttiva	58.930	0,8	8,6
225 C Interventi sul piede	54.376	0,8	2,4
524 M Ischemia cerebrale transitoria	53.679	0,8	7,0
311 C Interventi per via transuretrale senza CC	51.729	0,7	4,0
381 C Aborto con dilatazione e raschiamento, mediante aspirazione o isterotomia	51.545	0,7	1,6
219 C Interventi su arto inferiore e omero eccetto anca, piede e femore, età > 17 anni senza CC	50.984	0,7	7,3
139 M Aritmia e alterazioni della conduzione cardiaca senza CC	50.411	0,7	3,9
082 M Neoplasie dell'apparato respiratorio	48.130	0,7	10,4

DRG	DIMISSIONI	%
Insufficienza cardiaca e shock		
Edema polmonare e insufficienza respiratoria	135.909	2,1
Psicosi		
Polmonite semplice e pleurite, età > 17 anni con CC	73.550	1,1
Insufficienza renale		
Malattie cardiovascolari eccetto infarto acuto		
Esofagite gastroenterite e miscellanea		
Chemioterapia		
Setticemia senza ventilazione meccanica		
Malattia polmonare cronica ostruttiva	42.228	0,7
Intervento cardiovascolare con stent medicato		
Ischemia cerebrale transitoria		
Neoplasie dell'apparato respiratorio	42.247	0,7
Neoplasie maligne dell'apparato epatobiliare e del pancreas		
Anomalie dei globuli rossi età >17 anni		
Aritmia e alterazioni della conduzione cardiaca senza CC		
Polmonite semplice e pleurite età > 17 anni senza CC	32.704	0,5
Altro impianto di pacemaker cardiaco permanente		

Dipartimento della Programmazione e dell'Ordinamento del SSN 2014

N.° ricoveri per BroncoPneumopatia Cronica Ostruttiva



Total and State-Specific Medical and Absenteeism Costs of COPD Among Adults Aged 18 Years in the United States for 2010 and Projections Through 2020

RESULTS: In 2010, total national medical costs attributable to COPD and its sequelae were estimated at \$32.1 billion, and total absenteeism costs were \$3.9 billion, for a total burden of COPD-attributable costs of \$36 billion. An estimated 16.4 million days of work were lost because of COPD. Of the medical costs, 18% was paid for by private insurance, 51% by Medicare, and 25% by Medicaid. National medical costs are projected to increase from \$32.1 billion in 2010 to \$49.0 billion in 2020. Total state-specific costs in 2010 ranged from \$49.1 million in Wyoming to \$2.8 billion in California: medical costs ranged from \$42.5 million in Alaska to \$2.5 billion in Florida and absenteeism costs ranged from \$8.4 million in Wyoming to \$434.0 million in California.

Once patients receive a diagnosis of COPD, optimizing their management may limit the costs attributable to COPD by avoiding acute exacerbations of their conditions, slowing the decline in pulmonary function, and reducing adverse symptoms

These steps include eliminating and avoiding exposures known to cause COPD, maximizing the numbers of people who receive indicated vaccinations, and implementing recommended pharmacologic treatment. Because hospitalizations make up a large portion of the costs attributable to COPD, strategies to avoid hospitalizations should have a meaningful impact on costs.²¹ For example, evidence suggests that COPD-related hospitalizations can be reduced by appropriate pharmacologic management^{22,23} or by strengthening home-based management programs.²⁴⁻²⁶

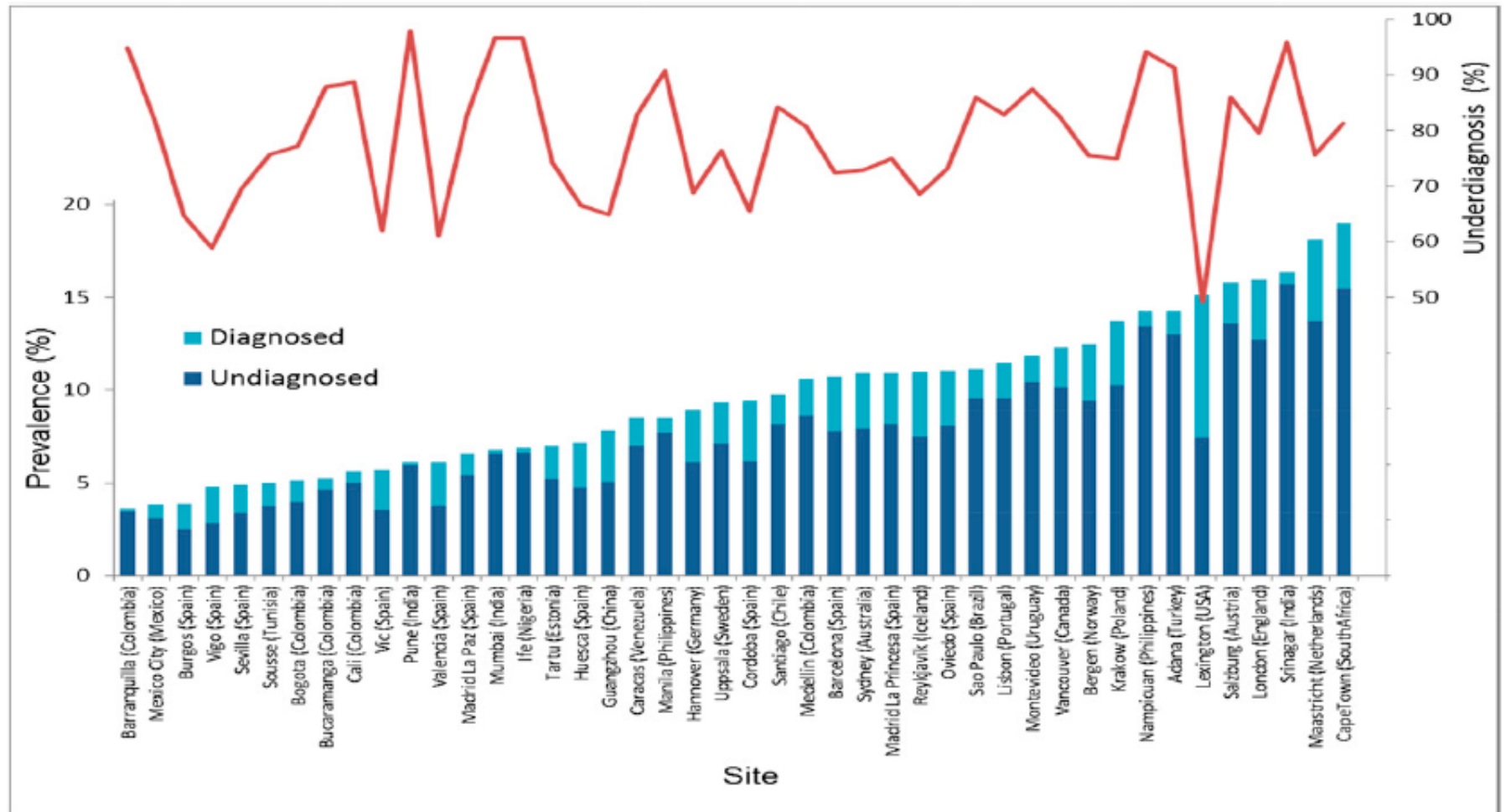


Figure 2 – Prevalence of diagnosed and undiagnosed COPD (postbronchodilator FEV₁/FVC < LLN) and relative underdiagnosis by study site. See Figure 1 legend for expansion of abbreviation.

Underdiagnosis of COPD

Criteria of COPD

Diagnosed (%)

• NHANES III, USA	BTS	37
• IBERPOC, Spain	ERS	22
• DIMCA, Netherlands	CNSLD	35
• OLIN, Sweden	BTS	31
• An European assumption	clinical	25

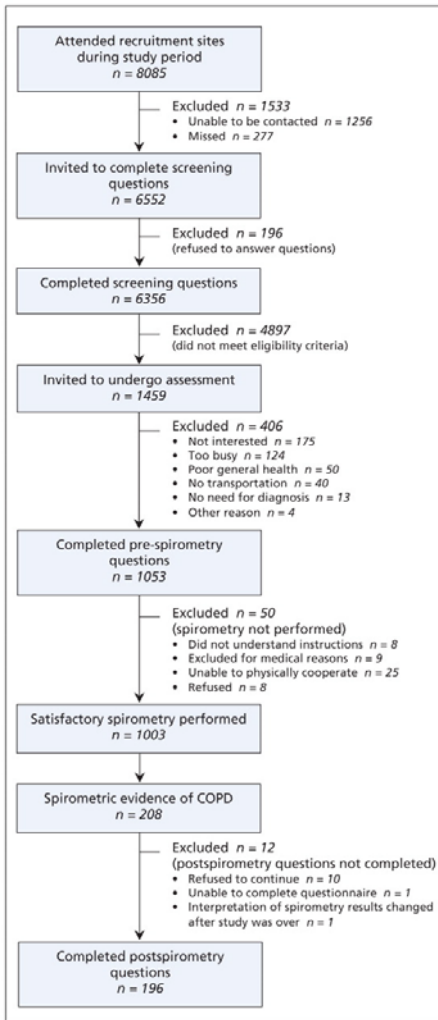
Though being symptomatic, only a half of the subjects with severe COPD are properly labelled;

COPD is usually NOT DIAGNOSED until it is clinically apparent and already advanced.

Prevalence and underdiagnosis of COPD among patients at risk in primary care

We sought to measure the prevalence of spirometrically confirmed COPD in an at-risk population of adults aged 40 years or more with a smoking history of at least 20 pack-years who visited a primary care practitioner for any reason and to describe their characteristics.





Of the **1003** participants who completed spirometry:

- **208** met the spirometric criteria for COPD
- prevalence of **20.7 %**
- **67 (32.7 %)** reported having received a prior diagnosis of COPD

Recruitment and flow of participants

CMAJ·JAMC

Hill K et al. CMAJ 2010;182:673-678

Prevalence and underdiagnosis of COPD among patients at risk in primary care

Among adult patients visiting a primary care practitioner, as many as one in five with known risk factors met spirometric criteria for COPD.

Although more than three-quarters of the patients with COPD reported at least one respiratory symptom, two-thirds were unaware of their diagnosis.

These findings suggest that adults who attend a primary care practice with known risk factors for COPD are important targets for screening and early intervention.

Gestione della BPCO in Medicina Generale, quali sono le sfide ?

- Prevenzione
- Diagnosi precoce e più appropriata
- Valutazione accurata e fenotipizzazione
- Intervento terapeutico appropriato
- Miglioramento dei percorsi di diagnosi e cura

Screening

Case-Finding

A “man on the street”

Patient being seen by a physician

May not have symptoms

Has respiratory symptoms

May be a cigarette smoker

Has COPD risk factors

No cost and no reimbursement

Medicare will pay \$ 20 fo the test

Criteria for early detection of disease

1. The disease would progress and cause substantial morbidity or mortality
2. Treatment is available and is more effective when used at the early stage
3. There is a feasible, affordable, safe, and relatively simple testing method that is accurate enough to avoid producing large number of false-positive or false-negative results
4. There is an action plan that minimizes adverse effects

ATS/ERS TASK FORCE

**Standards for the diagnosis and treatment of patients with COPD:
a summary of the ATS/ERS position paper**

B.R. Celli*, W. MacNee*, and committee members

Committee members: A. Agusti, A. Anzueto, B. Berg, A.S. Buist, P.M.A. Calverley, N. Chavannes, T. Dillard, B. Fahy, A. Fein, J. Heffner, S. Lareau, P. Meek, F. Martinez, W. McNicholas, J. Muris, E. Austegard, R. Pauwels, S. Rennard, A. Rossi, N. Siafakas, B. Tjep, J. Vestbo, E. Wouters, R. ZuWallack

spirometry is a:

- **reliable**
- **simple**
- **non-invasive**
- **safe**
- **non-expensive procedure**

for detection of airflow obstruction

The 10-year COPD programme in Finland: effects on quality of diagnosis, smoking prevalence, hospital admissions and mortality

The major aims of this 10-year Programme in Finland, a country with a population of 5 million, included:

1. A reduction in COPD prevalence
2. Improvement in COPD diagnosis, especially in primary care
3. A reduction in the number of moderate to severe cases of the disease
4. Reduction in the number of COPD-related hospitalizations
5. Reduction in treatment costs due to COPD

Figure 1. Quality of spirometry in the Finnish health care: use of recommended reference values and calibration of the equipment in 1999¹¹ and 2007.¹²

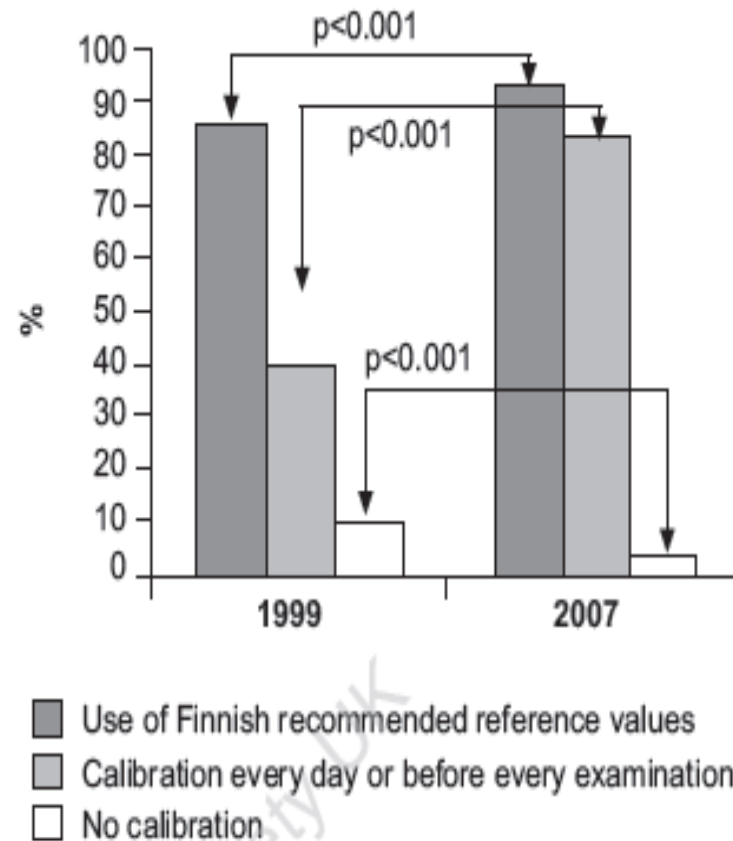
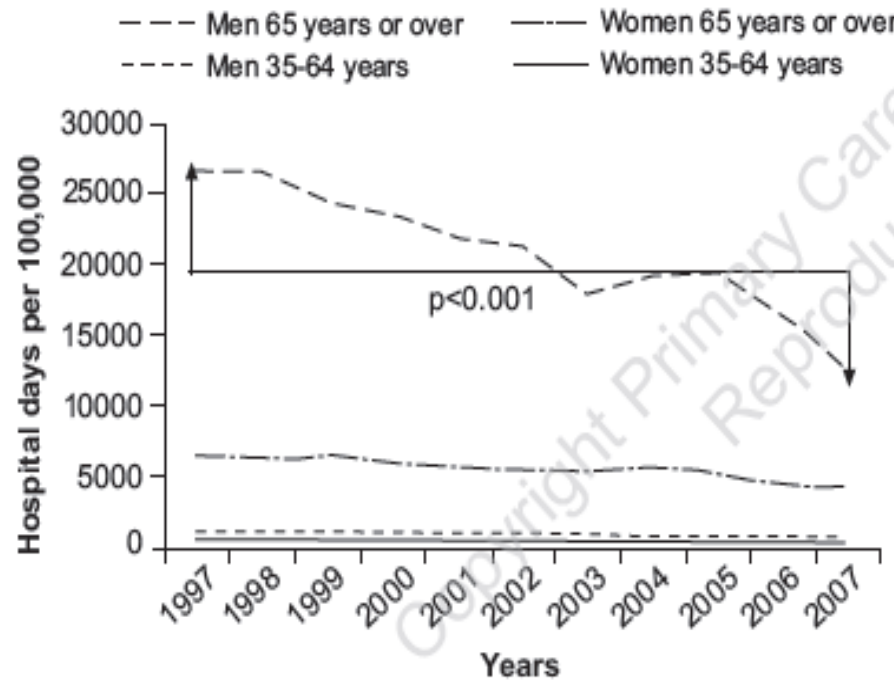


Figure 3. COPD-induced hospital treatment days in the age group 35-64 years for men and for women and in the age group 65 years or older for men and for women in relation to the population in 1997-2007.



- 52.9 %

Recent trends in COPD prevalence in Spain: a repeated cross-sectional survey 1997-2007

	IBERPOC 1997	EPISCAN 2007	
Underdiagnosis	78 %	73 %	Same
Undertreatment	81 %	54 %	Better
Undertreatment in severe COPD	50 %	10 %	Better
Previous spirometry ?	17 %	59 %	Better

Recent trends in COPD prevalence in Spain: a repeated cross-sectional survey 1997-2007

- To further reduce underdiagnosis, the implementation and wider use of spirometry screening in all setting, including quality spirometry in primary care, pharmacies, and elsewhere, require further research and resources.

Early detection of COPD in general practice

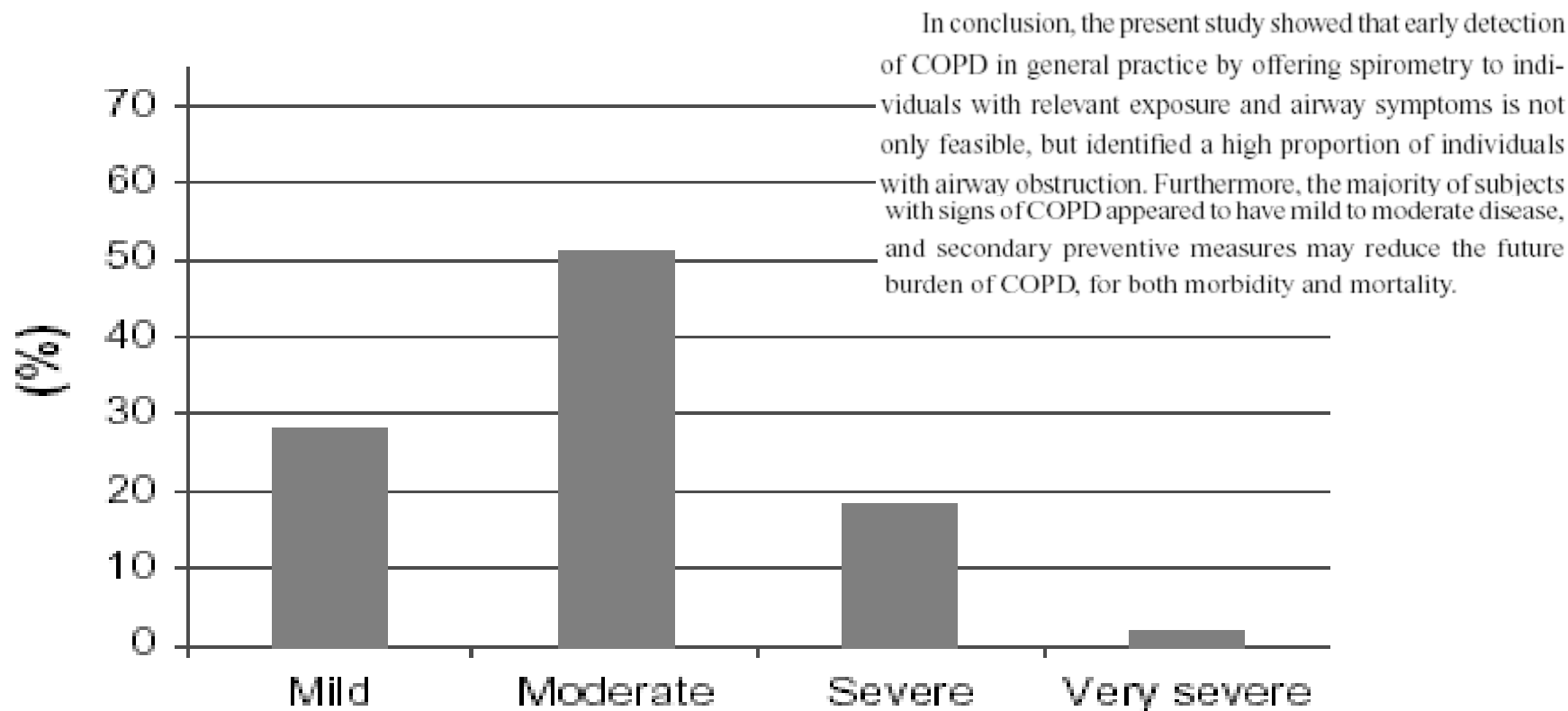


Figure 3 Distribution of enrolled subjects with airway obstruction ($FEV_1/FVC \leq 70\%$) ($n = 1078$) according to severity of COPD (based on $FEV_1\%$ predicted).

L'uso dei Farmaci in Italia

Rapporto Nazionale
gennaio - settembre 2014



OSSERVATORIO
NAZIONALE
SULL'IMPIEGO
DEI MEDICINALI



Indicatore	Descrizione dell'indicatore	Lug2013- giu2014	Lug2012- giu2013	Lug2011- giu2012
H-DB 4.2	Percentuale di pazienti con ricovero per BPCO in trattamento con LABA e/o LAMA	54,4	53,4	53,0
H-DB 4.3	Percentuale di pazienti in trattamento con ICS senza esacerbazioni	52,5	52,2	52,2
H-DB 4.4	Percentuale di pazienti in trattamento con farmaci per le sindromi ostruttive delle vie respiratorie aderenti al trattamento	13,9	14,1	13,6
H-DB 4.5	Percentuale di pazienti in trattamento con farmaci per le sindromi ostruttive delle vie respiratorie occasionali al trattamento	61,5	61,4	62,0

From: **Temporal Trends in Mortality in the United States, 1969-2013**

JAMA. 2015;314(16):1731-1739. doi:10.1001/jama.2015.12319

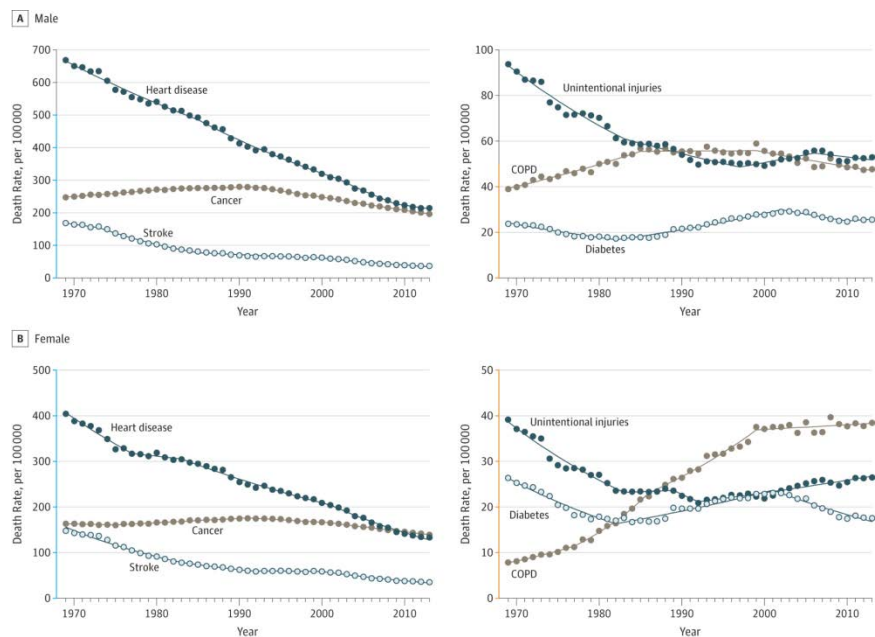


Figure Legend:

Age-Standardized Death Rate by Sex and Cause of Death in the United States, 1969-2013. COPD indicates chronic obstructive pulmonary disease.

Trends in Mortality From COPD Among Adults in the United States

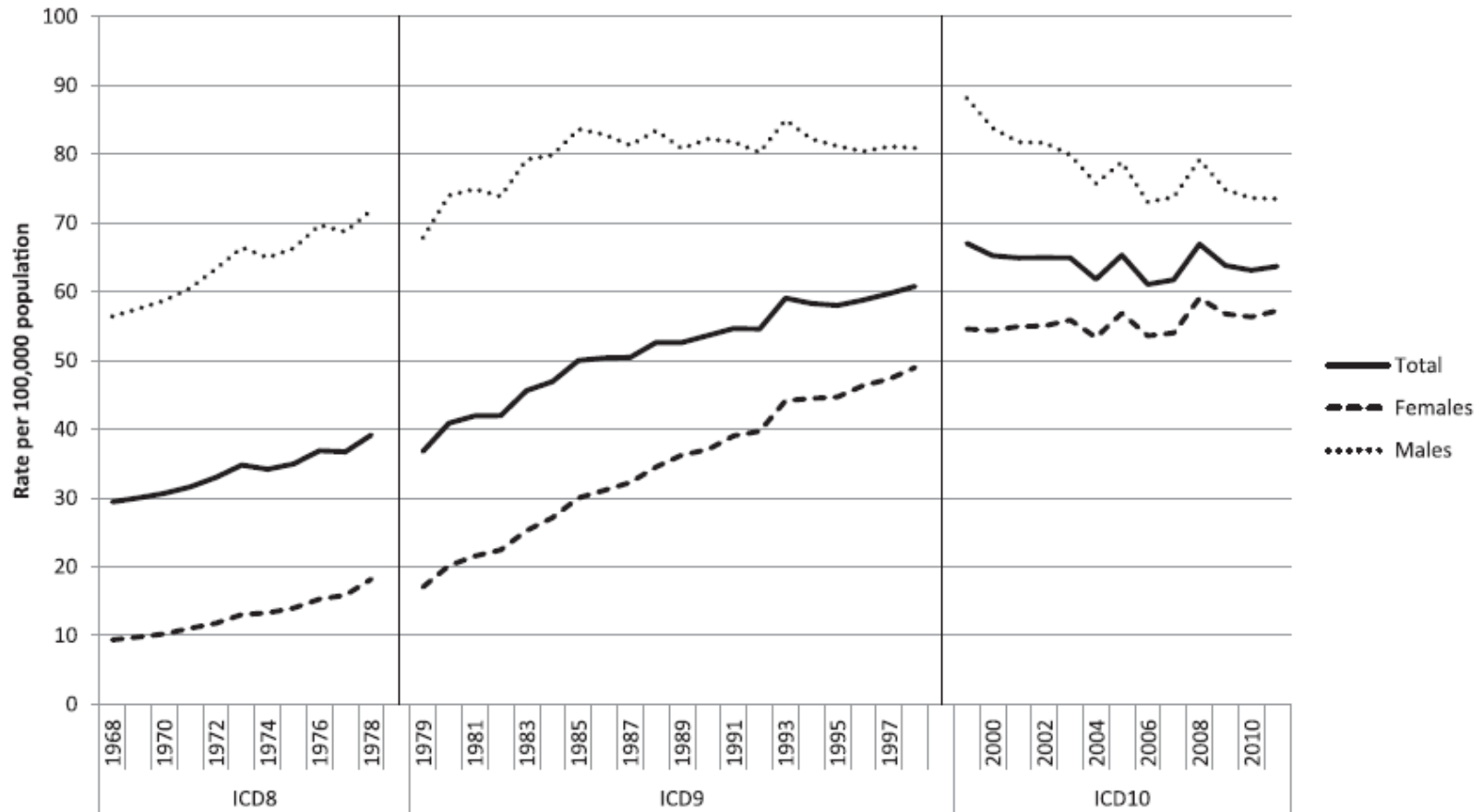
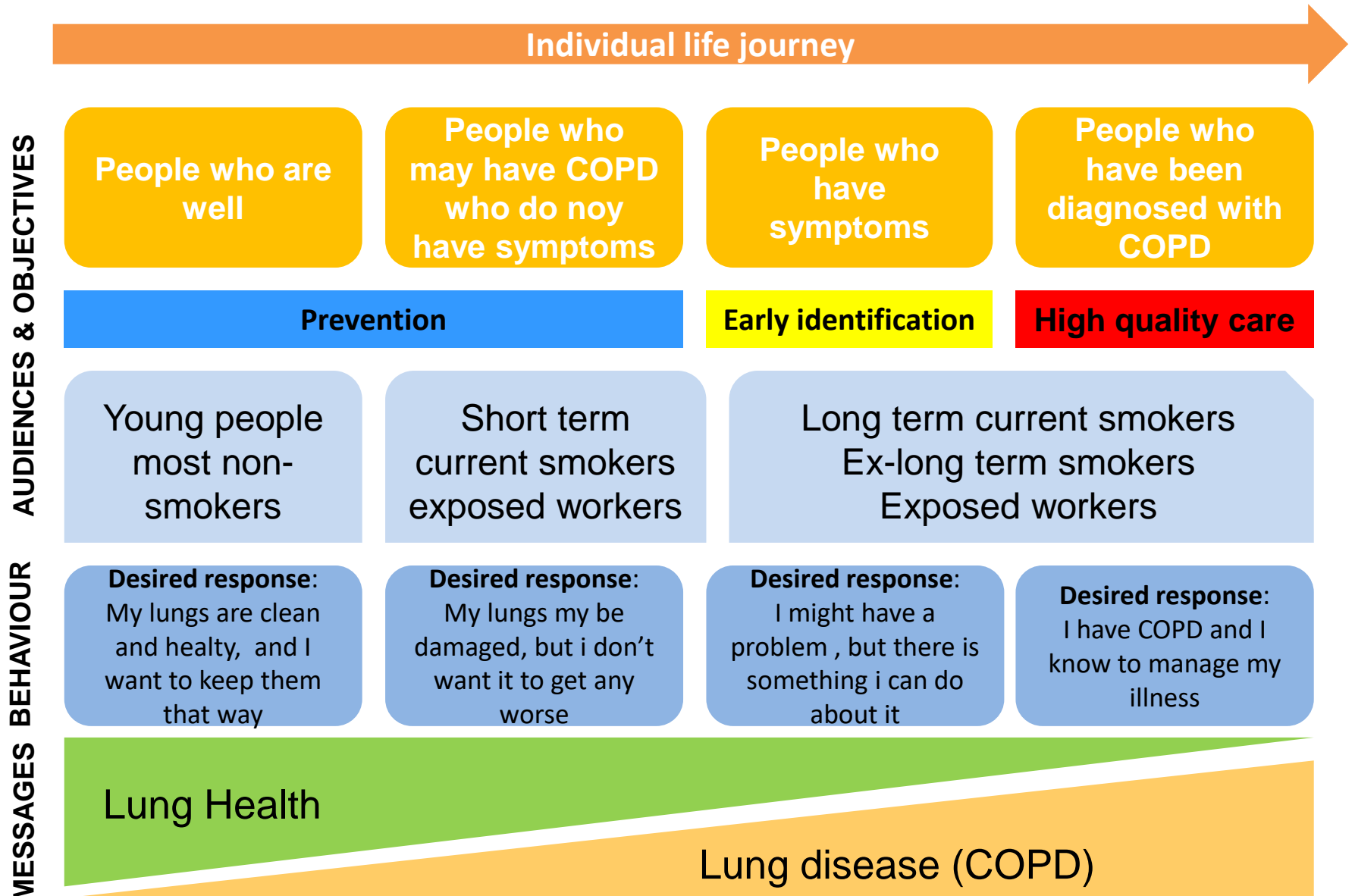


Figure 1 – Age-adjusted COPD mortality rate among US adults aged ≥ 25 y, United States 1968 to 2011. ICD8 = Eighth Revision, International Classification of Diseases, Adapted for Use in the United States; ICD9 = International Classification of Diseases, Ninth Revision; ICD10 = International Classification of Diseases, 10th Revision.

Strategie per cambiare il peso della malattia



Focus sul miglioramento



Prevenzione

Riduzione del rischio



Trovare i pazienti mancanti

Precoce indentificazione

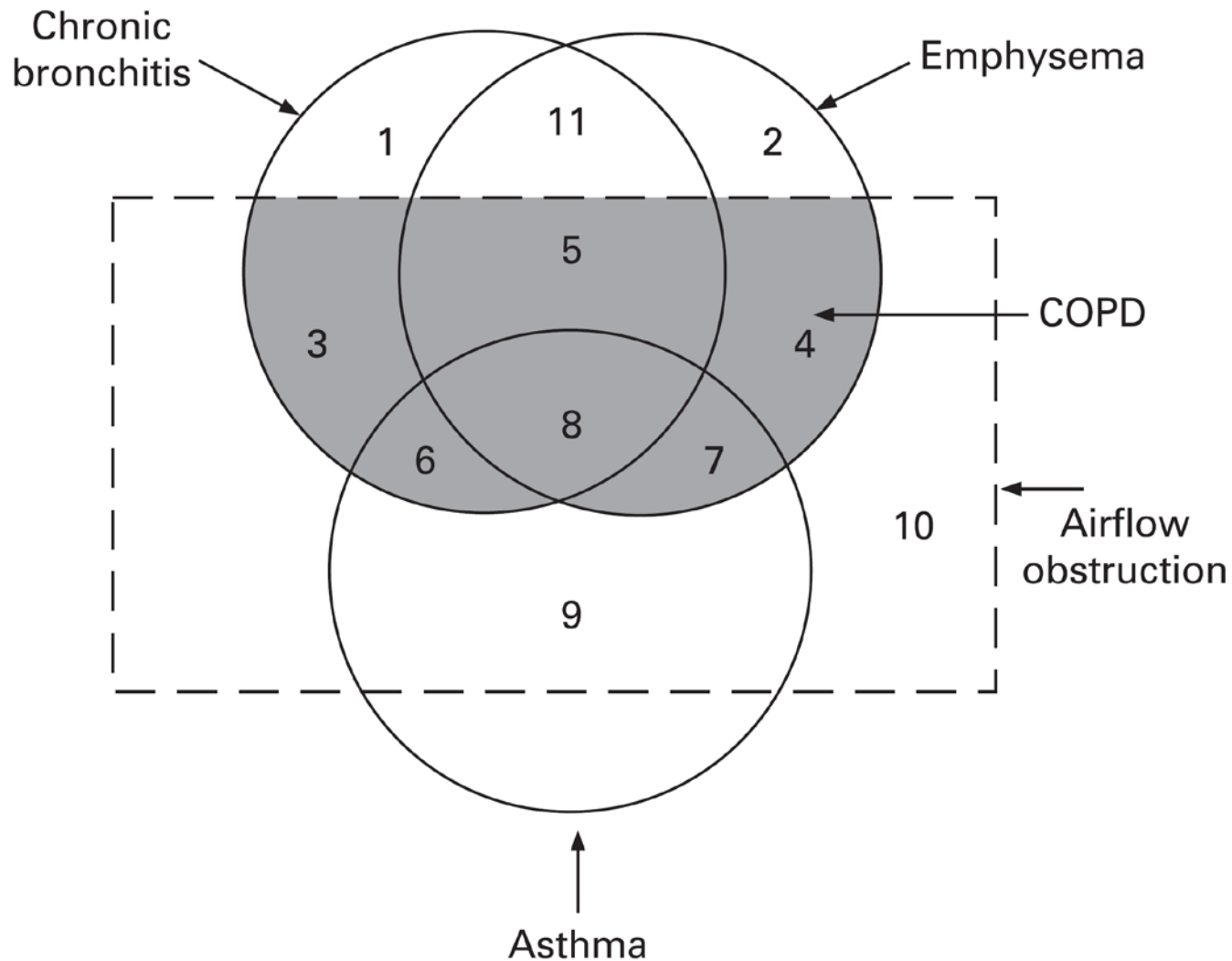


Cura e supporto di alta qualità

Gestione proattiva ed integrata



Gestione del fine vita



The COPD dilemma

COPD is defined by the presence of airflow limitation that is not fully reversible, and its treatment is mostly guided by the severity of this limitation.

Severity	Postbronchodilator FEV₁/FVC	FEV₁ % pred
At risk	>0.7	> 80
Mild COPD	>0.7	< 80
Moderate COPD	>0.7	50–80
Severe COPD	>0.7	30–50
Very severe COPD	>0.7	< 30

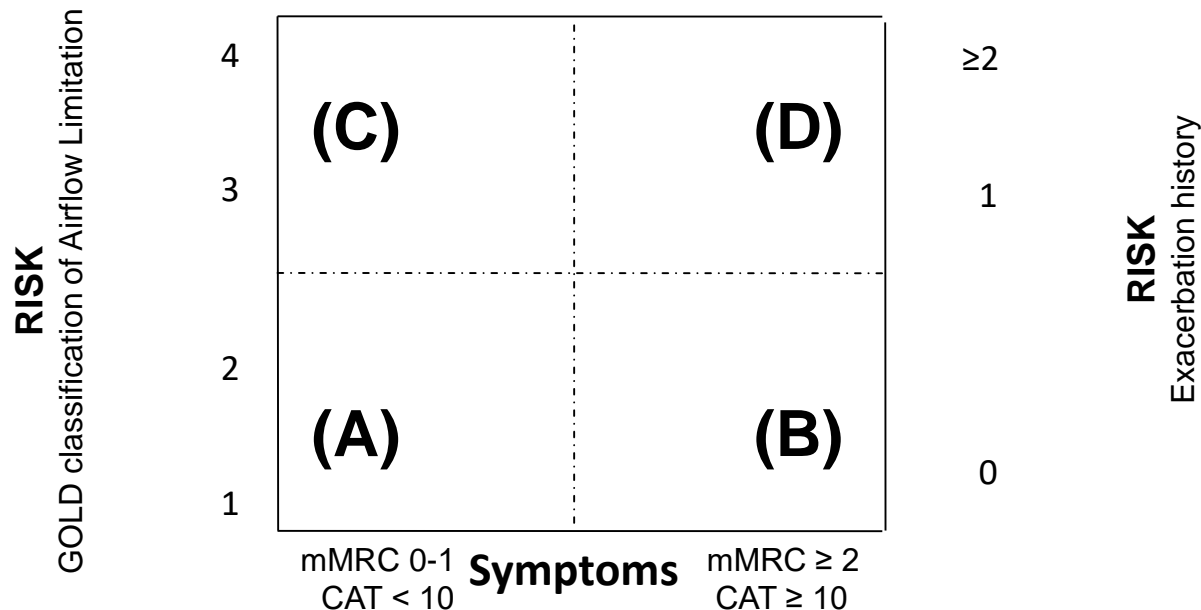
The COPD dilemma

it is now widely recognized that COPD is a complex syndrome with pulmonary and extrapulmonary components. Importantly, significant heterogeneity exists with respect to clinical presentation, physiology, imaging, response to therapy, decline in lung function, and survival.



The COPD dilemma

There is consensus that FEV₁ by itself does not adequately describe the complexity of the disease and that FEV₁ cannot be used in isolation for the optimal diagnosis, assessment, and management of the disease.



Clinical Commentary

Chronic Obstructive Pulmonary Disease Phenotypes

The Future of COPD

MeiLan K. Han¹, Alvar Agusti³, Peter M. Calverley⁴, Bartolome R. Celli⁵, Gerard Criner⁶, Jeffrey L. Curtis^{1,7}, Leonardo M. Fabbri⁸, Jonathan G. Goldin⁹, Paul W. Jones¹⁰, William MacNee¹¹, Barry J. Make¹², Klaus F. Rabe¹³, Stephen I. Rennard¹⁴, Frank C. Sciurba¹⁵, Edwin K. Silverman^{5,16}, Jørgen Vestbo¹⁷, George R. Washko⁵, Emiel F. M. Wouters¹⁸, and Fernando J. Martinez²

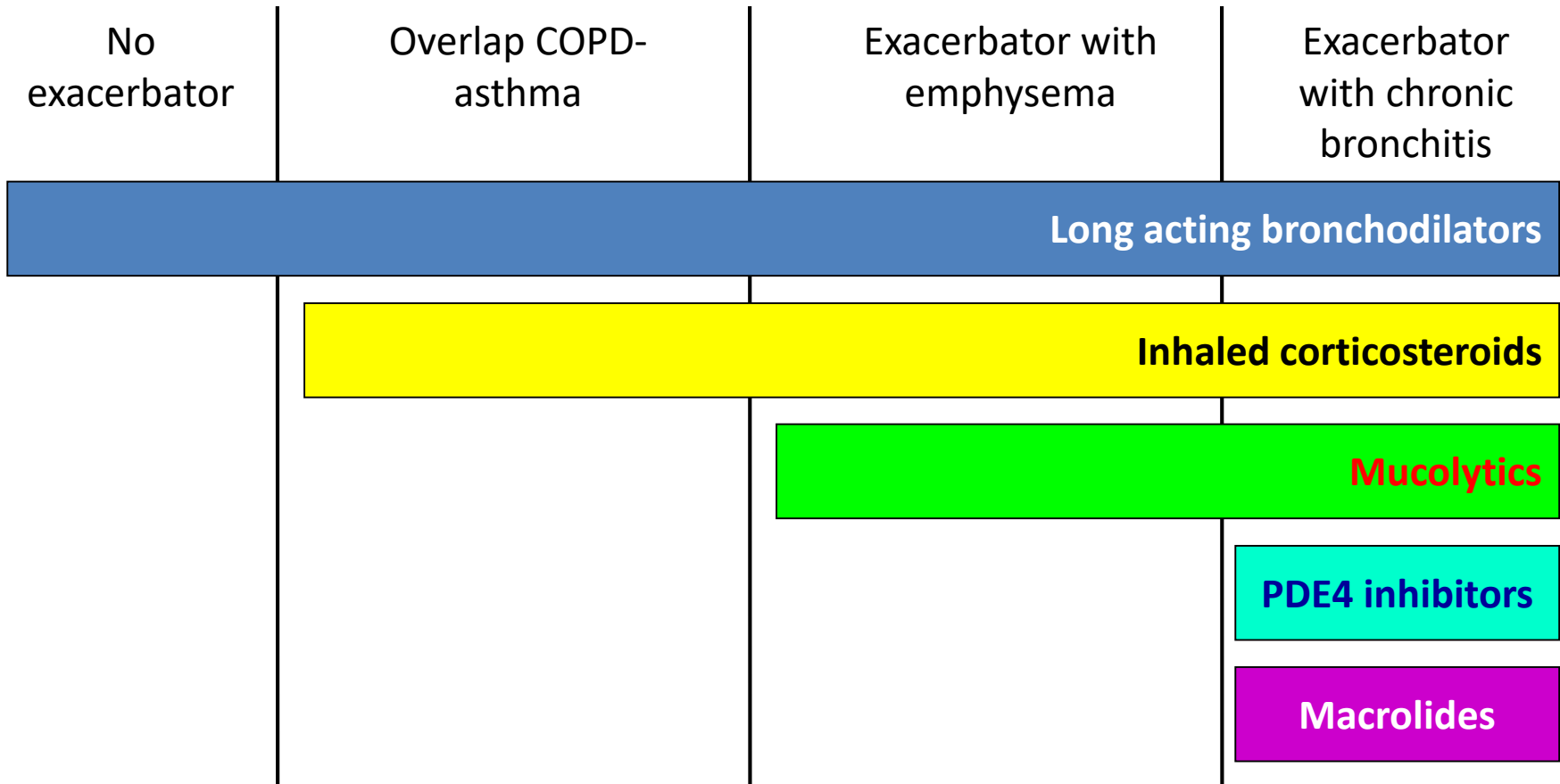
The identification and subsequent grouping of key elements of the COPD syndrome into clinically meaningful and useful subgroups (phenotypes) that can guide therapy more effectively is a potential solution of the dilemma

Phenotypes – an operational definition

“a single or combination of disease attributes that describe differences between individuals with COPD as they relate to clinically meaningful outcomes (symptoms, exacerbations, response to therapy, rate of disease progression, or death).”

Phenotypes – an operational definition

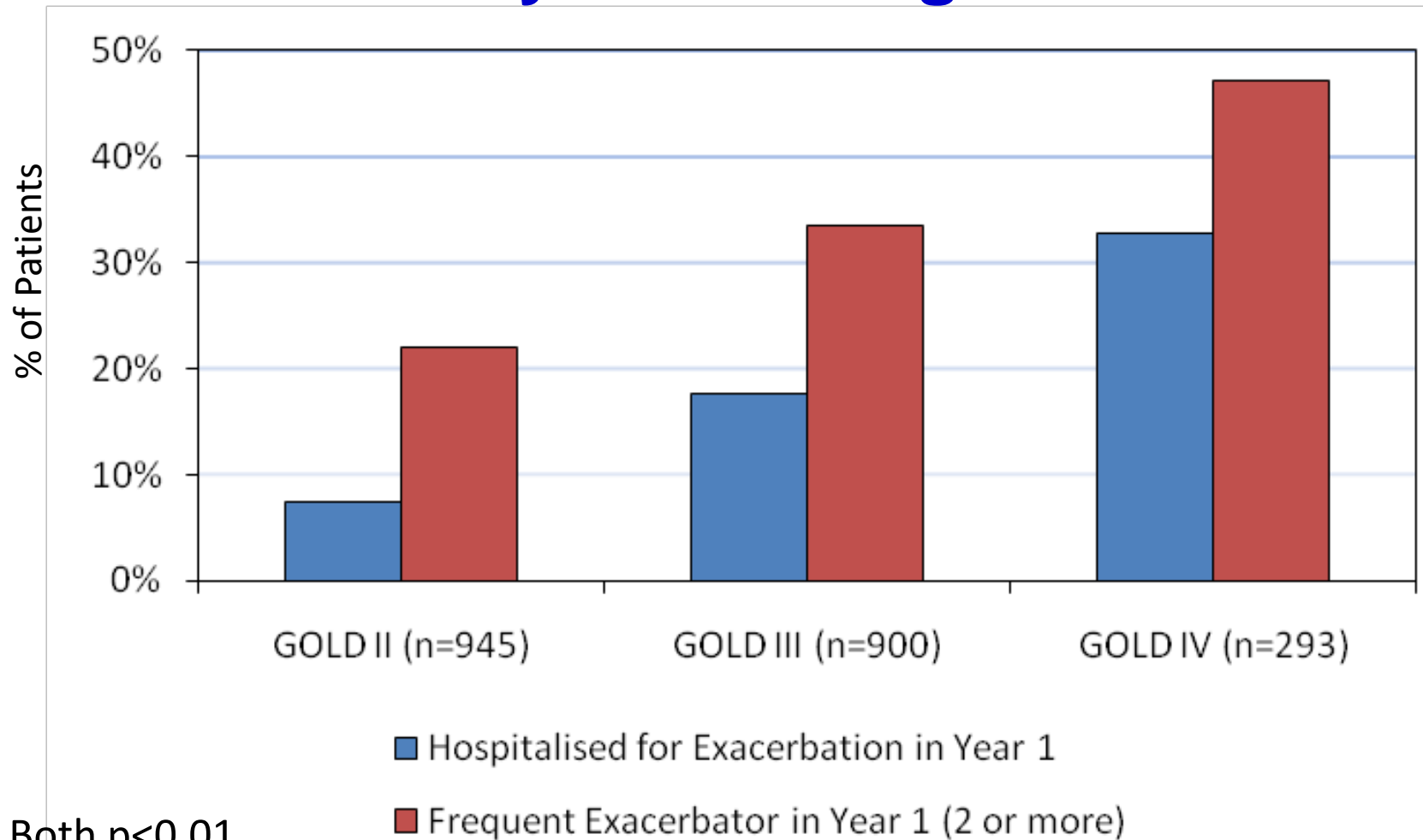
“a single or combination of disease attributes that describe differences between individuals with COPD as they relate to clinically meaningful outcomes (symptoms, exacerbations, response to therapy, rate of disease progression, or death).”



Phenotypes – an operational definition

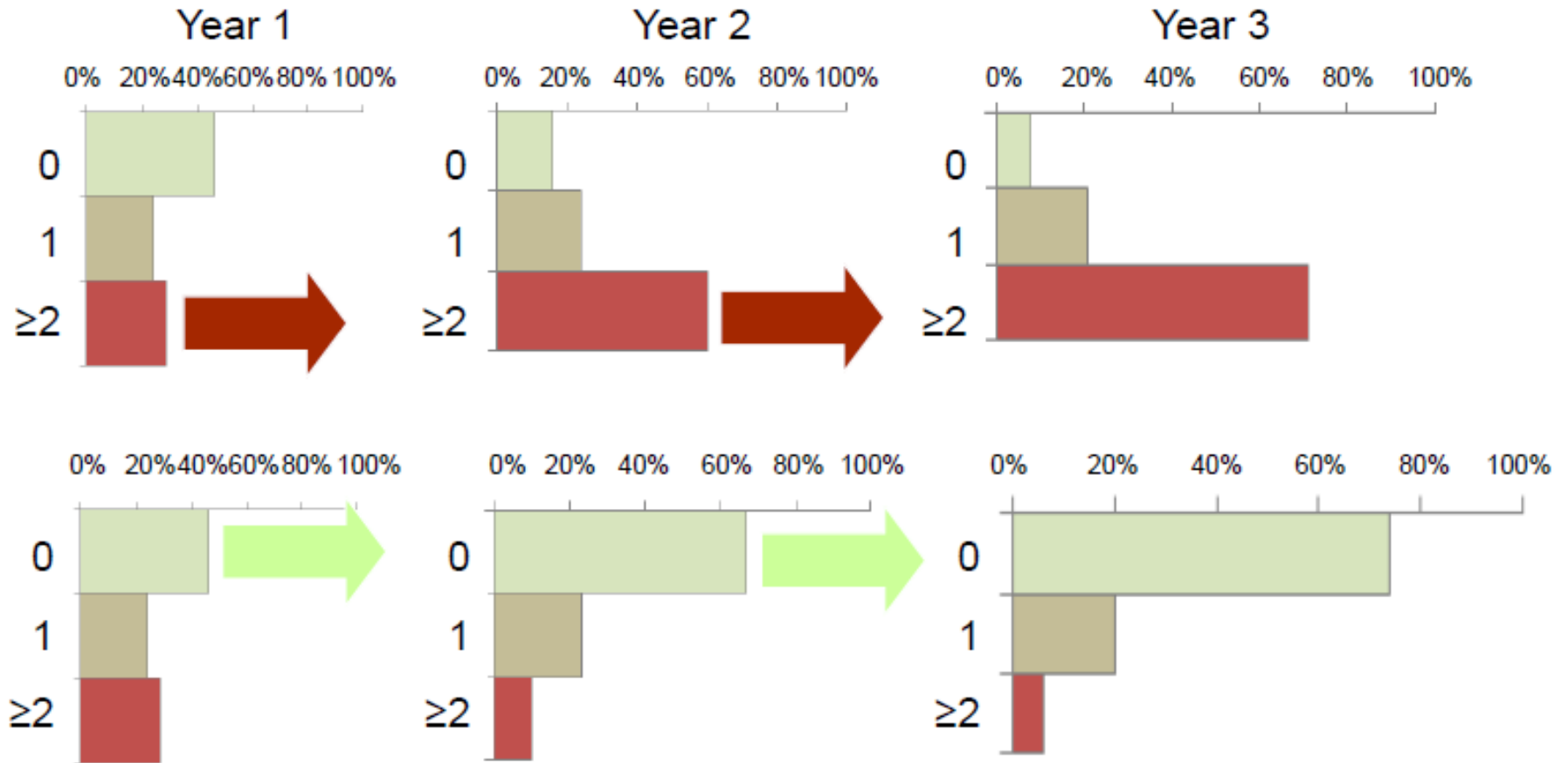
“a single or combination of disease attributes that describe differences between individuals with COPD as they relate to clinically meaningful outcomes (symptoms, exacerbations, response to therapy, rate of disease progression, or death).”

Frequency and Severity of Exacerbations by GOLD stage



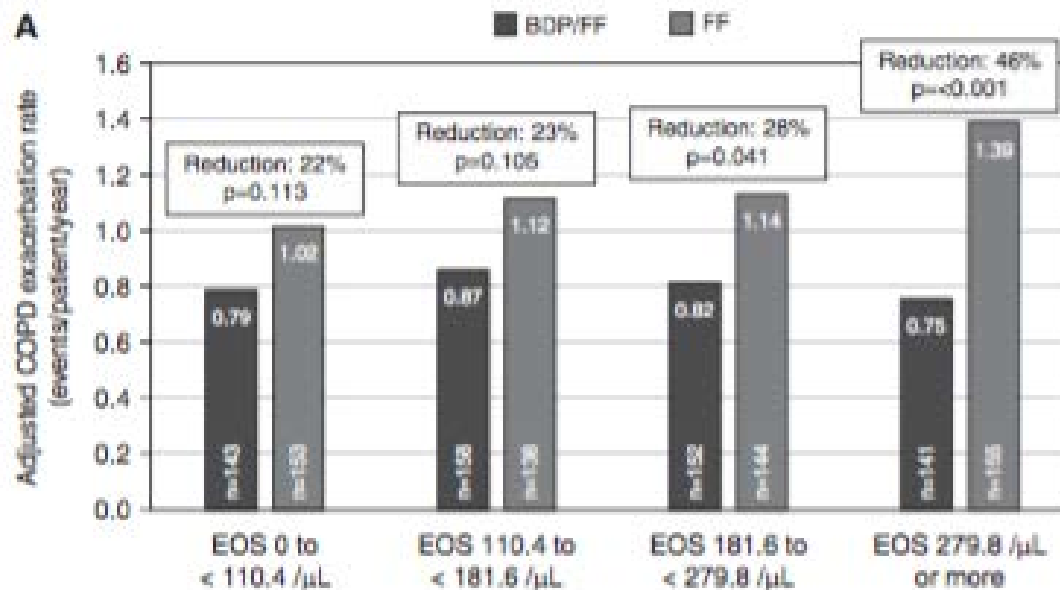
Both $p < 0.01$

Stability of the Exacerbator Phenotype

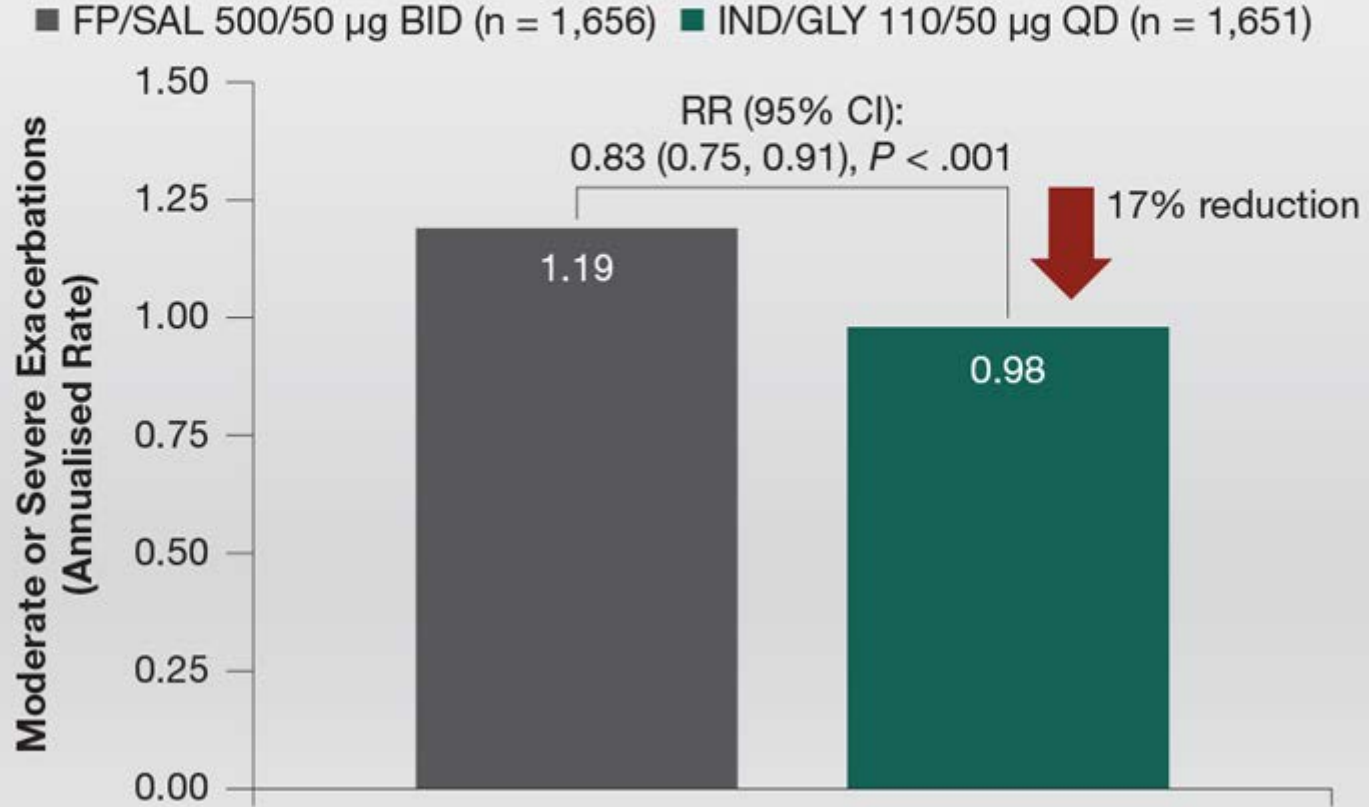


74% of patients having no exacerbations in Years 1 and Year 2 had no exacerbations in Year 3

Blood eosinophils: a biomarkers of response to extrafine beclomethasone/formoterol



FLAME: Rate of Moderate and Severe Exacerbations (Requiring Healthcare Utilisation), IND/GLY Versus FP/SAL



Analysis of the full analysis set.

Phenotypes – an operational definition

“a single or combination of disease attributes that describe differences between individuals with COPD as they relate to clinically meaningful outcomes (symptoms, exacerbations, response to therapy, rate of disease progression, or death).”

Han KM, et al. Am J Respir Crit Care Med 2010; 182, 598-564

The classical phenotypes: emphysema



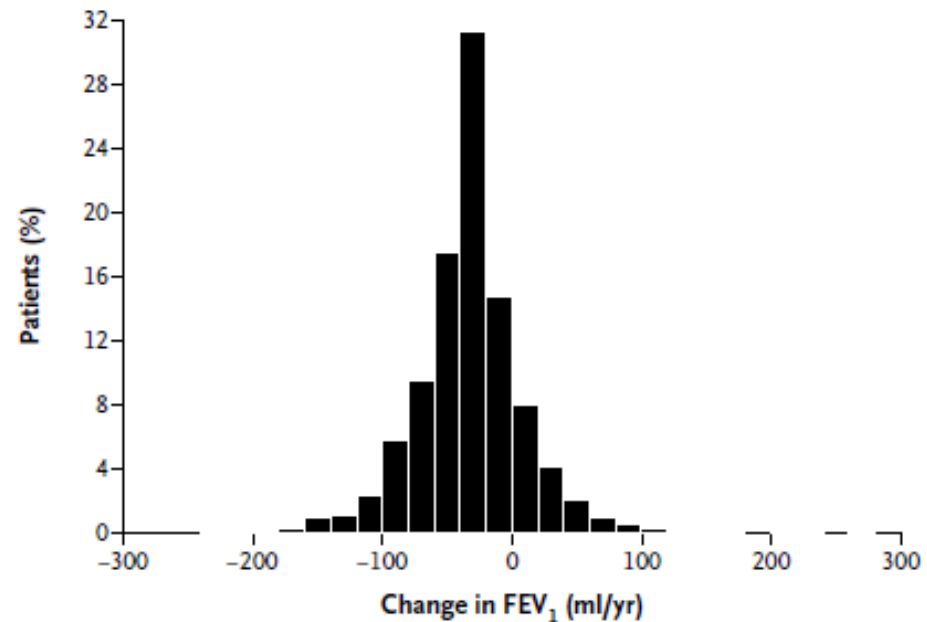
Ridotta CPT

Ridotto VR

Ridotta diffusione

Changes in FEV₁ over time in COPD

COPD is not invariably progressive. In more than half the patients of the study, the rate of decline in FEV₁ over a period of 3 years was no greater than that which has been observed in people without lung disease.

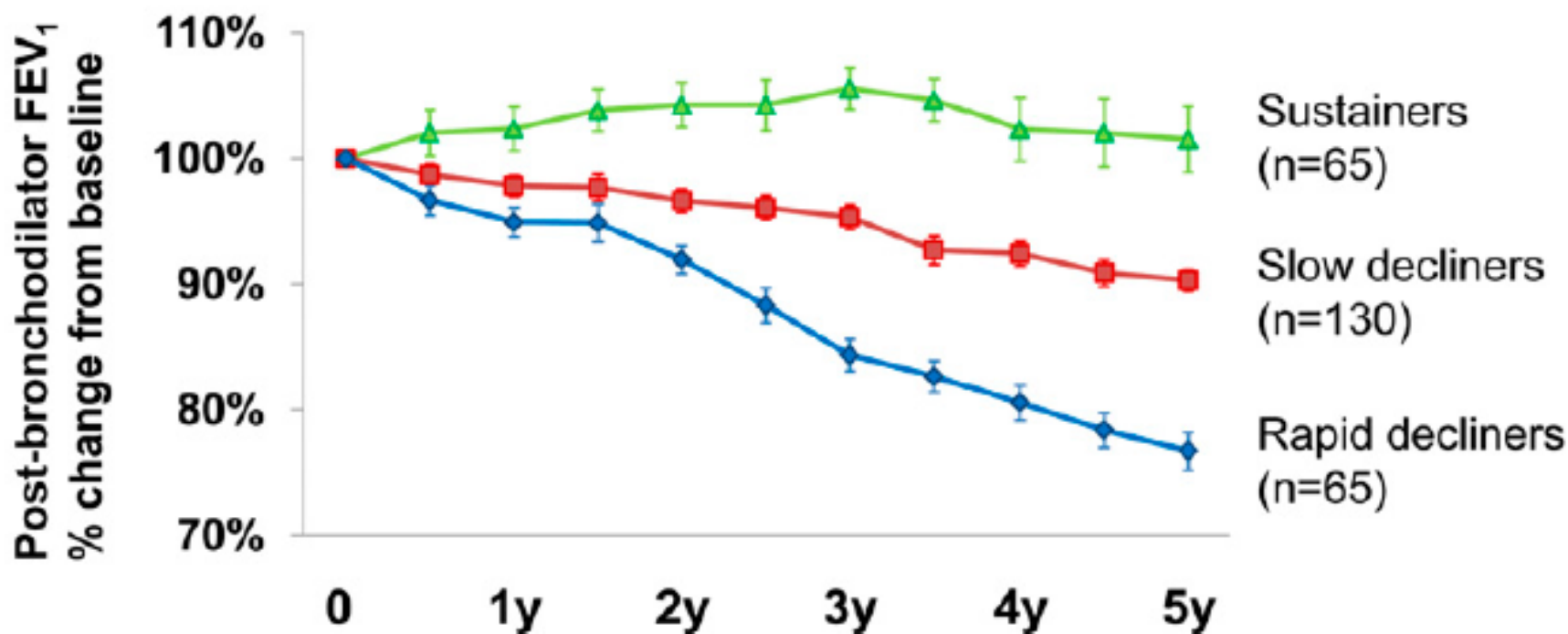


COPD subgroups

Subgroup	Effect on baseline FEV1	P	Effect on annual rate of change in FEV1	P
Exacerbations (per exacerbation)	-		-2±0.5	<0.001
Bronchodilator reversibility*	220±22.4	<0.001	-17±4.2	<0.001
Emphysema**	-327±21.2	<0.001	-13±4.2	0.002
Chronic bronchitis #	-43±20.2	0.033	-2±3.8	0.67
CVD # #	11±19.7	0.57	1±3.6	0.77

* 12% and 200mL, ** >10% lung volume with density -950 HU

MRC definition, # # Self-reported



Annual changes in post-bronchodilator FEV₁ varied widely, with the mean (SD) post-bronchodilator FEV₁ being - 32 (24) ml/yr.

The subjects were categorized into three groups using the 25th percentile and the 75th percentile:

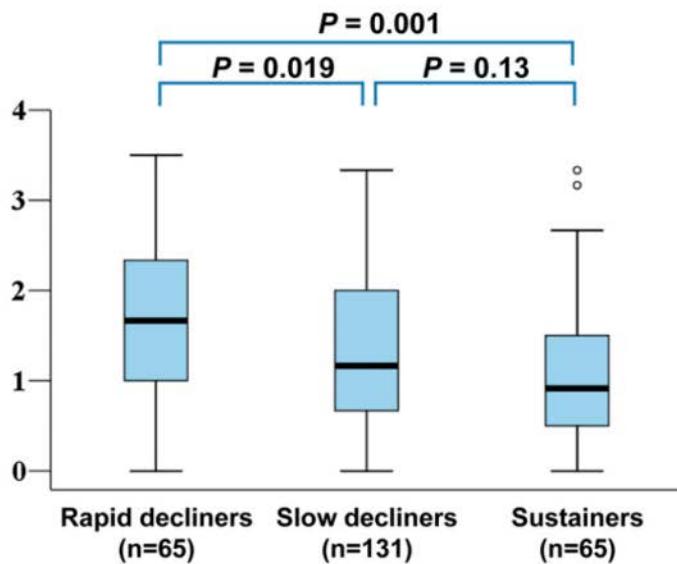
less than the 25th percentile as **Rapid decliners** (- 63 ± 2 ml/y);

the 25th to 75th percentile as **Slow decliners** (- 31 ± 1 ml/yr);

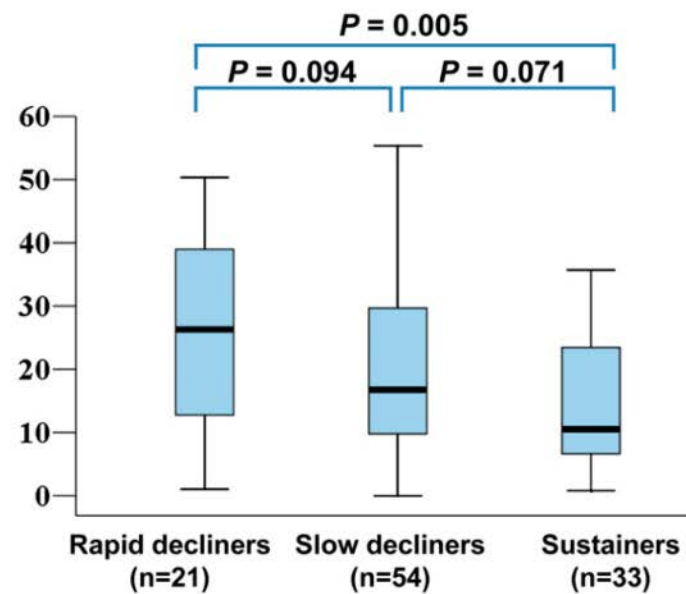
greater than the 75th percentile as **Sustainers** (- 2 ± 1 ml/yr).

A

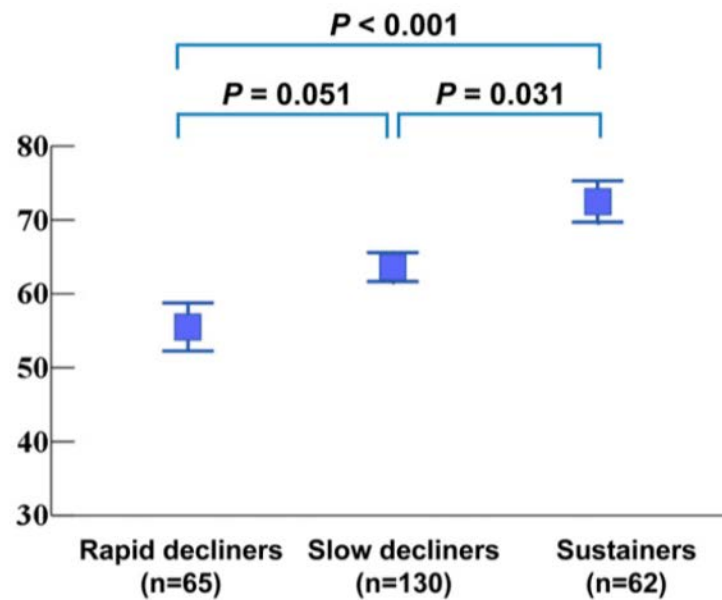
Emphysema score

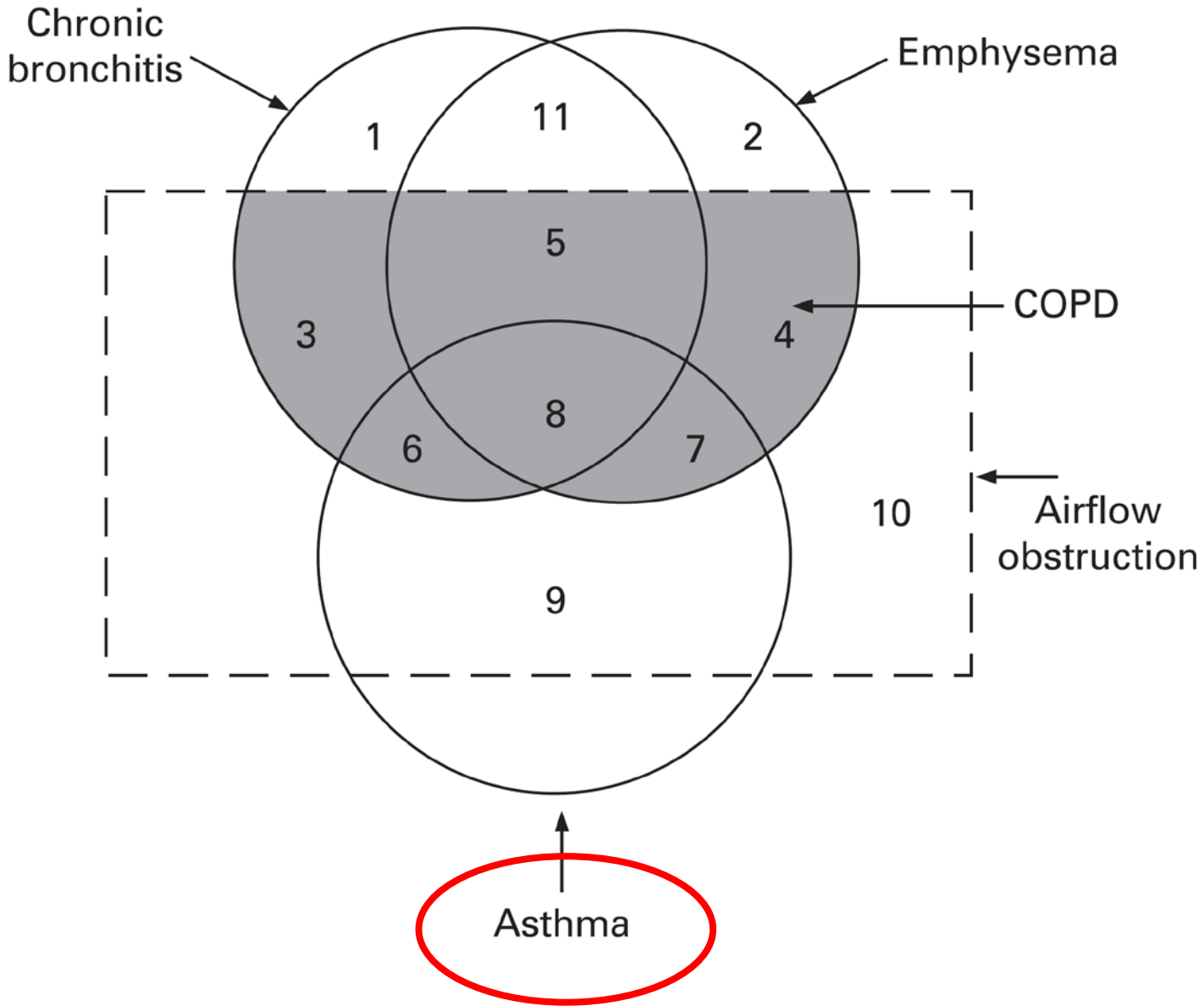
**B**

% Low attenuation volume



% Kco





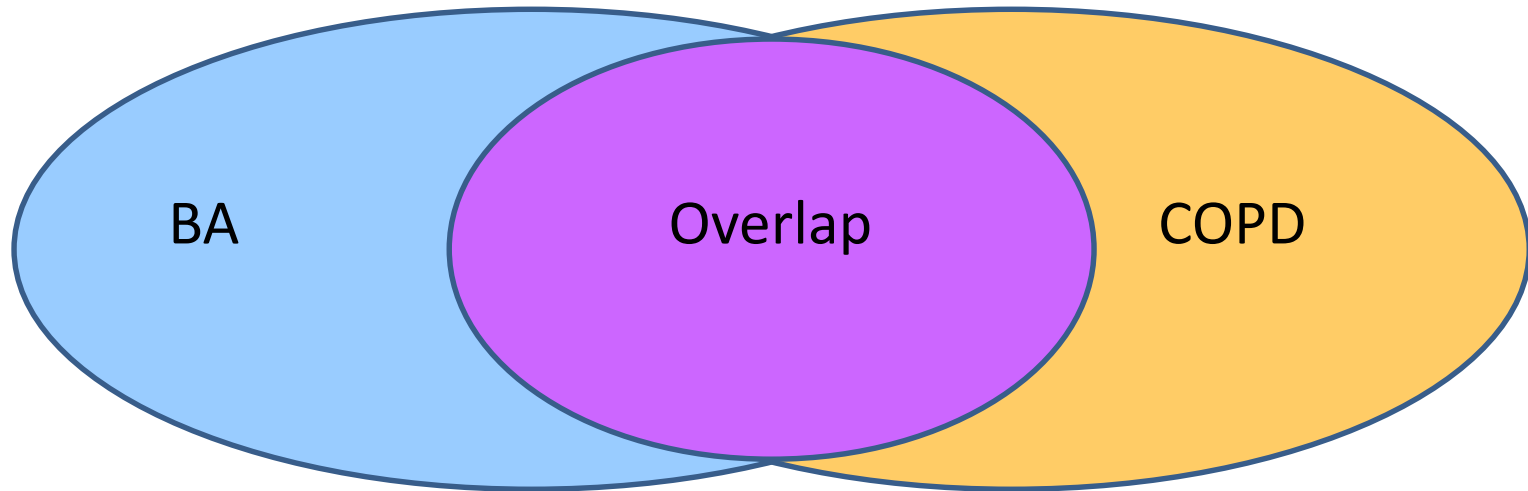
Phenotypes – an operational definition

“a single or combination of disease attributes that describe differences between individuals with COPD as they relate to clinically meaningful outcomes (symptoms, exacerbations, response to therapy, rate of disease progression, or death).”

Overlap COPD-asthma phenotype

- Enhanced response to ICS due to predominance of eosinophilic bronchial inflammation
- These patients should be prescribed ICS together with long-acting bronchodilators irrespective of the severity of the airflow obstruction
- Diagnostic criteria: history of asthma, eosinophilic inflammation, enhanced reversibility.

Overlap syndrome diagnosis



Patient must fulfill 2 major criteria or 1 major and 2 minor*

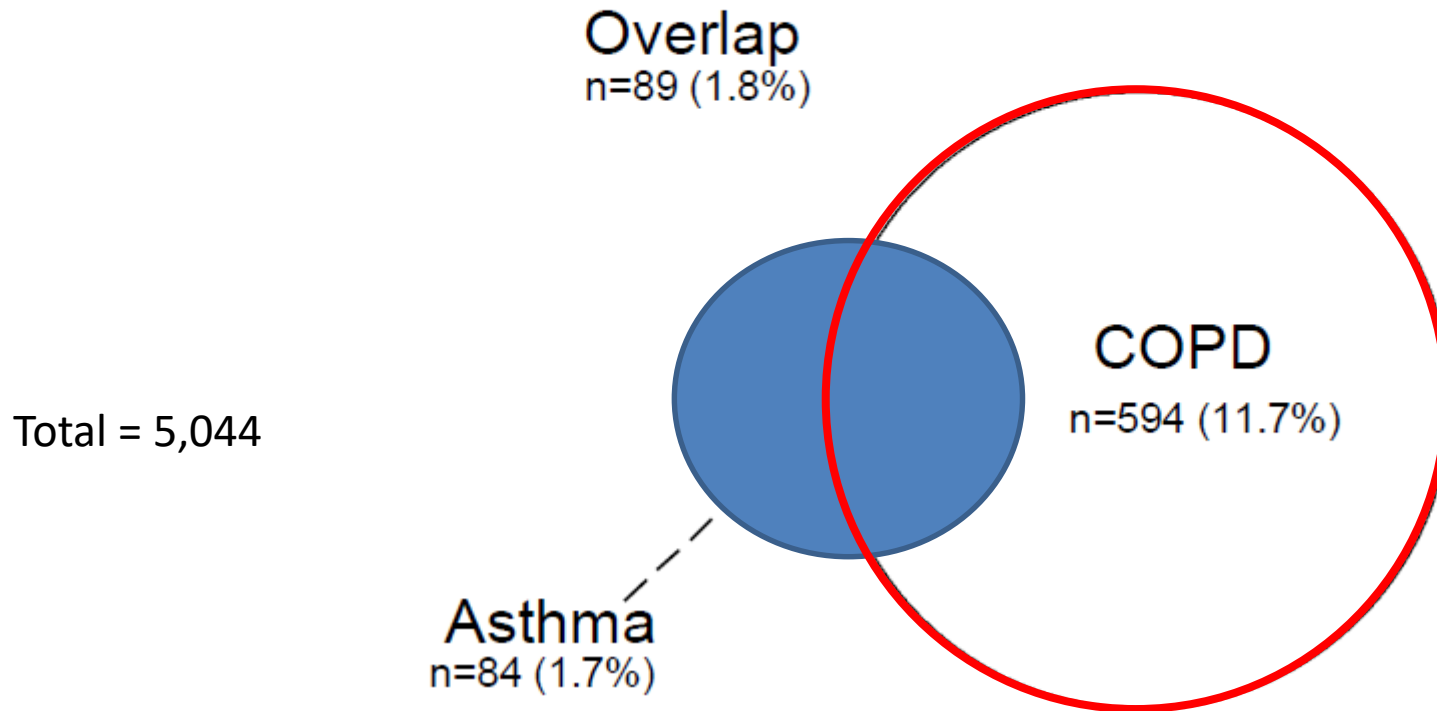
Major criteria:

- very positive bronchodilator response: > 400 ml and $>15\%$ in FEV1
- sputum eosinophilia
- previous diagnosis of asthma

Minor criteria:

- increased total serum IgE
- previous history of atopy
- positive bronchodilator test: > 200 mL and $>12\%$ in FEV1 on at least two occasions

No COPD and no Asthma = 4,277 (84.8%)



Asthma: presence of wheezing in the last year and a minimum post-BD increase in FEV1 or FVC of 12 % and 200 ml; Overlap COPD-Asthma: the combination of the two

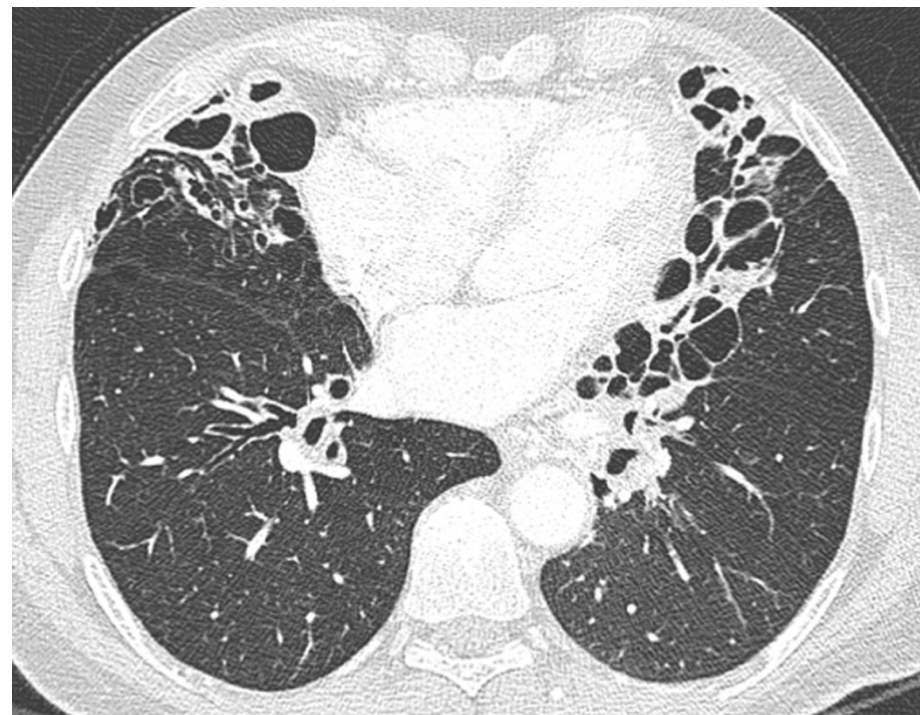
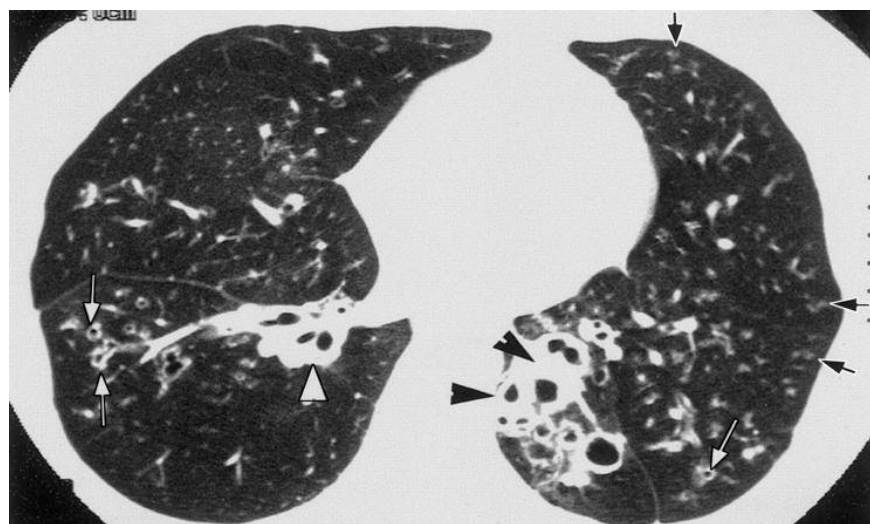
Increased risk of exacerbation and hospitalization in subjects with an overlap phenotype: COPD-asthma.

- Subjects with COPD-Asthma overlap had more respiratory symptoms, worse lung function, used more respiratory medication, more hospitalization and exacerbations, and worse GHS. After adjusting for confounders, the COPD-Asthma overlap was associated with higher risks for exacerbations (PR 2.11; 95%CI 1.08-4.12), hospitalizations (PR 4.11; 95%CI 1.45-11.67) and worse GHS (PR 1.47; 95%CI 1.18-1.85), compared to those with COPD.
- **Conclusion:** The coexisting COPD-Asthma phenotype is possibly associated with increased disease severity.



Bronchiectasis in Patients With COPD

A Distinct COPD Phenotype?



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Factors associated with bronchiectasis in patients with COPD

	Whole group	COPD with bronchiectasis	COPD without bronchiectasis	p value
Exacerbations, previous y				
PC visits	1.6 (2.2)	1.96 (2.9)	1.13 (1.7)	.04
Outpatient UC visits	0.87 (1.55)	1.08 (1.78)	0.59 (1.1)	.03
ED hospital visits	0.93 (1.3)	1.26 (1.47)	0.49 (0.99)	.005
Hospital admissions	0.39 (0.8)	0.57 (0.95)	0.15 (0.36)	.01
Acute antibiotic treatments	1.85 (1.93)	2.34 (2.17)	1.18 (1.29)	.004
Acute oral steroid treatments	1.12 (1.5)	1.45 (0.67)	0.67 (1.13)	.01

Table 4—PPMs Found During the Study

PPM	COPD With Bronchiectasis		COPD Without Bronchiectasis	
	Isolation* (n = 25)	Chronic Colonization (n = 18)	Isolation* (n = 14)	Chronic Colonization (n = 2)
<i>Haemophilus influenzae</i>	12	8	6	2
<i>Streptococcus pneumoniae</i>	6	3	4	0
<i>Moraxella catarrhalis</i>	4	2	3	0
<i>Pseudomonas aeruginosa</i>	2	4	1	0
<i>Haemophilus parainfluenzae</i>	0	1	0	0
<i>Klebsiella pneumoniae</i>	1	0	0	0

42.4 % had PPM

21.7 % presented chronic PPM colonization

Factors associated with bronchiectasis in patients with COPD

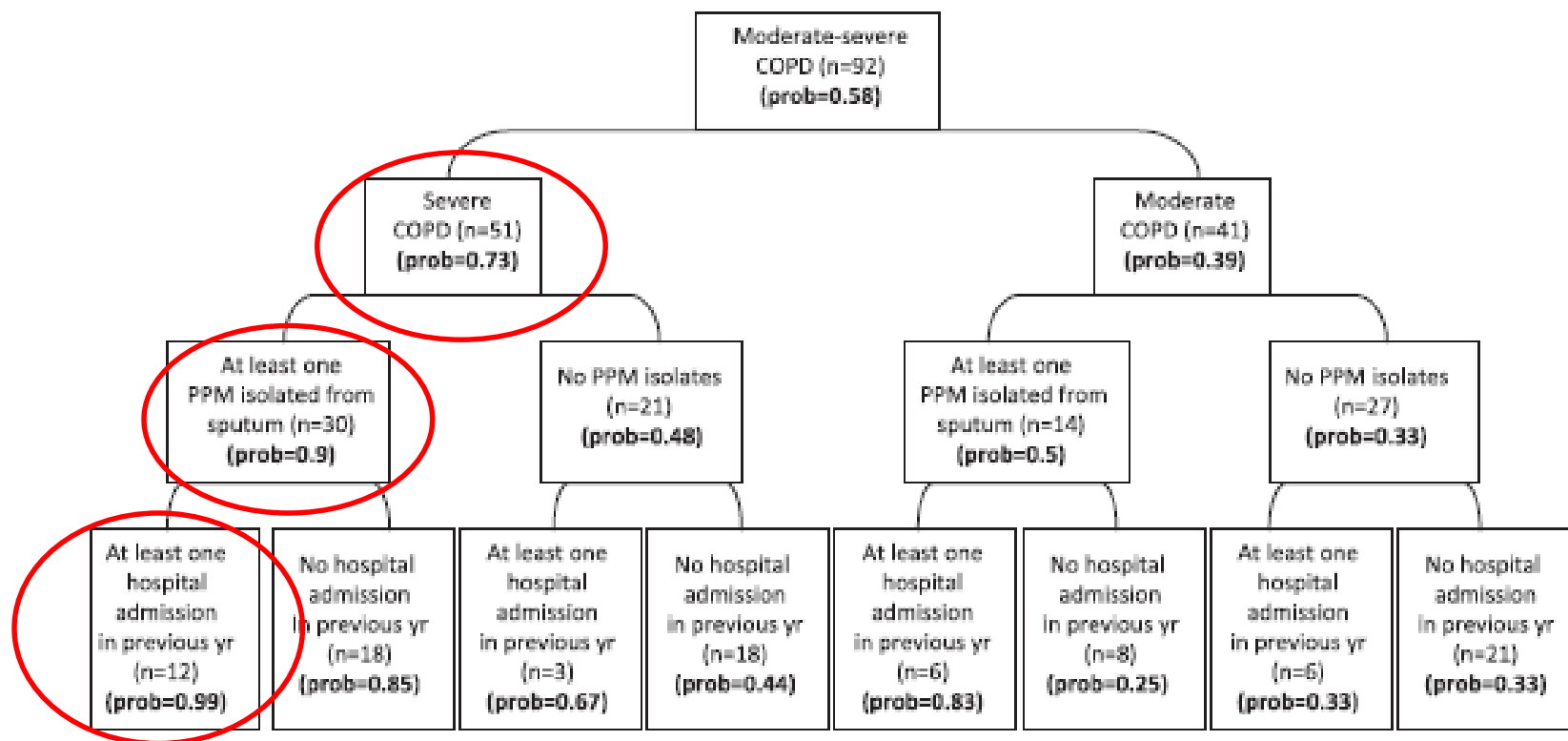
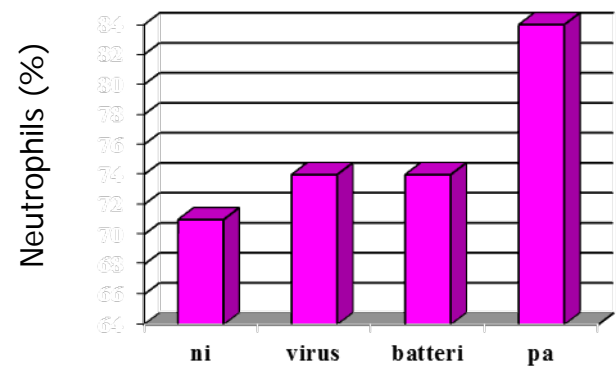
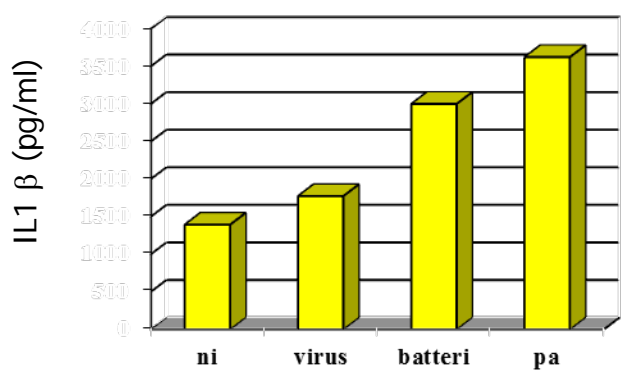
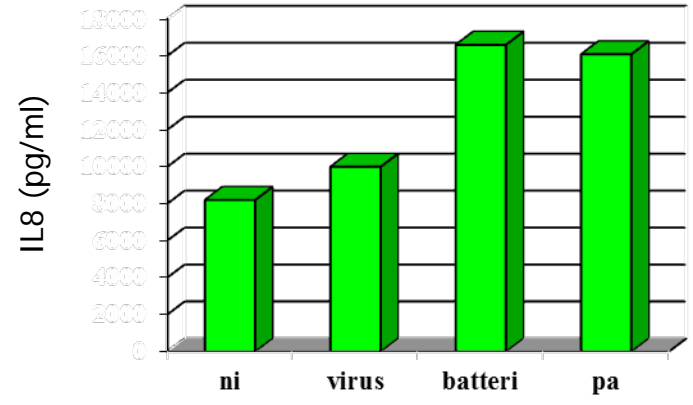
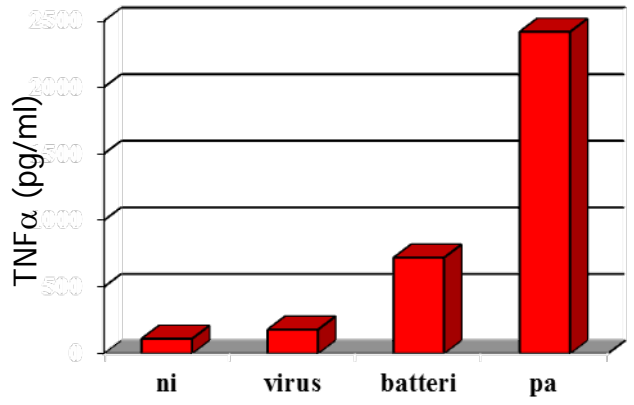


FIGURE 1. Probability of the presence of bronchiectasis in patients with moderate to severe COPD, by patient characteristics. PPM = potentially pathologic microorganism; prob = probability.

A two-stage logistic model based on the measurement of pro-inflammatory cytokines in bronchial secretions for assessing bacterial, viral and non-infectious origin of COPD exacerbations



The COPD control panel

SEVERITY



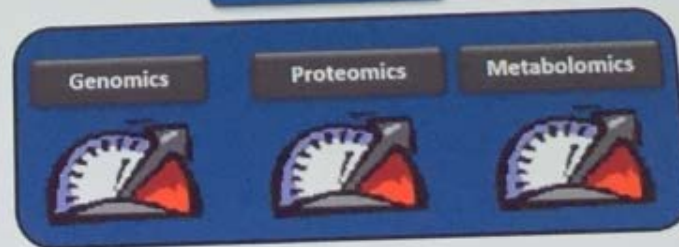
ACTIVITY



IMPACT



OMICS



Christina McAtee W. Thorax

Conclusioni:

- La BPCO è chiaramente più di un'unica entità patologici ed i fenotipi possono essere un modo per personalizzare la valutazione e la gestione della BPCO
- I frequenti esacerbatori, i pazienti con enfisema, i pazienti con bronchite cronica ed i pazienti con l'overlap asma-BPCO dovrebbero essere considerati individualmente.