

**75° CONGRESSO  
NAZIONALE**



**Potenziare  
la medicina generale  
per migliorare  
l'Active Ageing**

**1-6 ottobre 2018**

Complesso Chia Laguna - Domus de Maria (CA)



European network of reference centers for rare neuromuscular diseases



# La Malattia di Pompe

Massimiliano Filosto

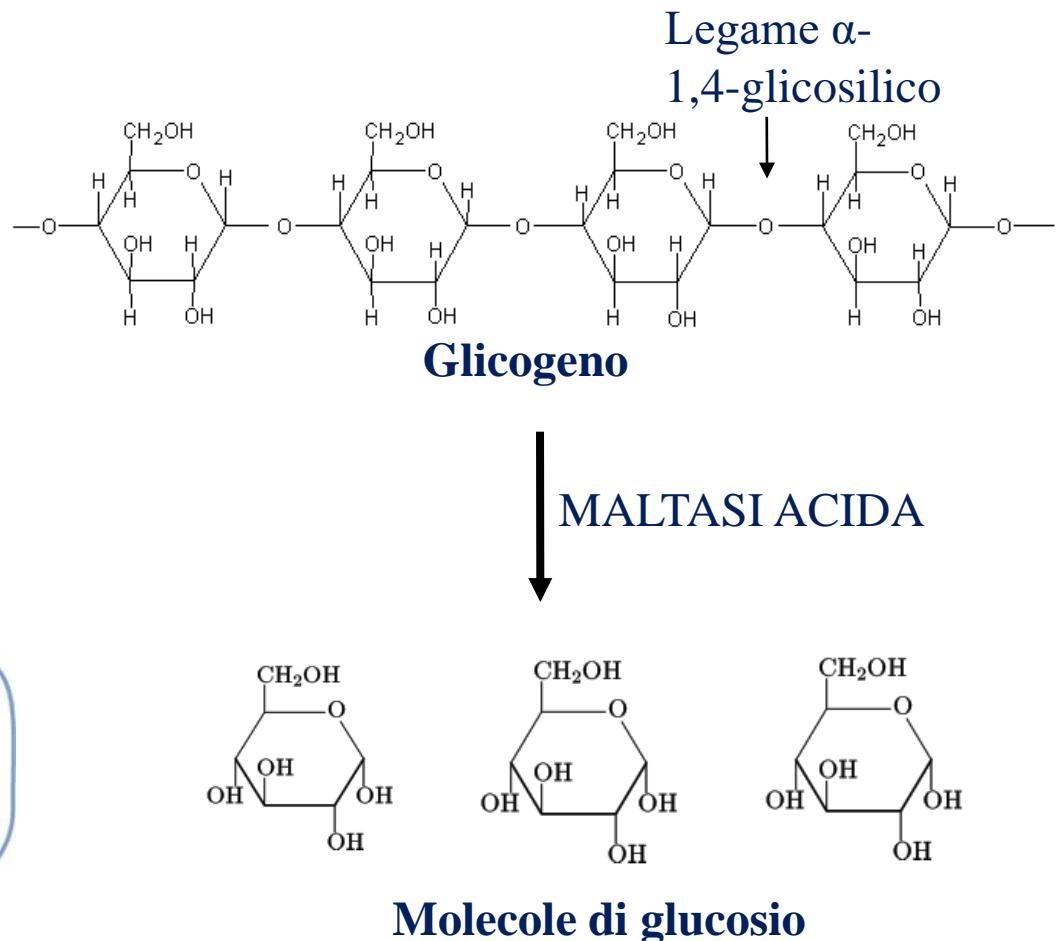
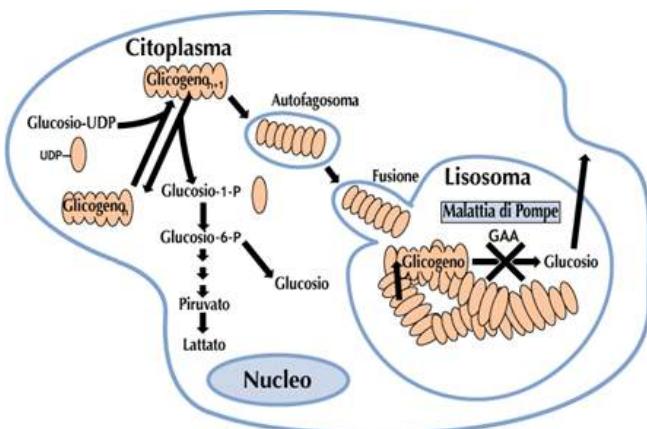
U.O. Neurologia

Centro per lo Studio delle Malattie Neuromuscolari

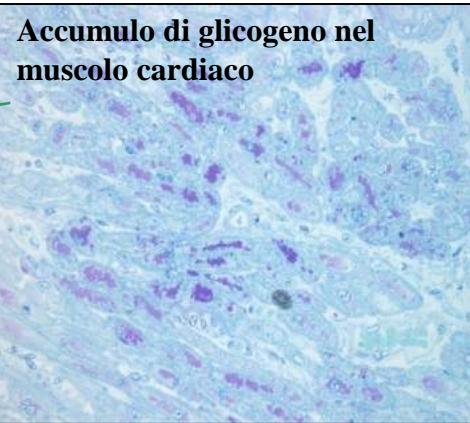
ASST “Spedali Civili” ed Università degli Studi di Brescia

# Maltasi acida (alfa-1,4-glucosidasi acida)

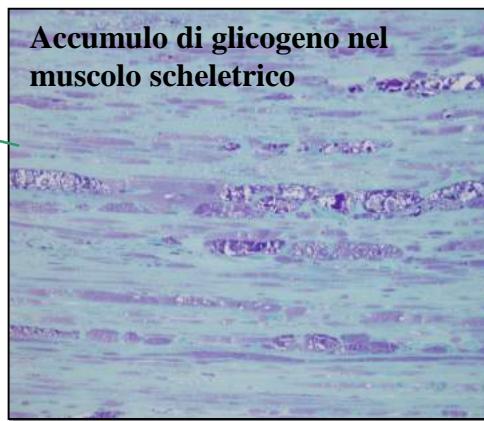
- Enzima lisosomiale
- Dotata di attività alfa-glucosidasica → idrolizza il glicogeno in glucosio
- E' il solo enzima degradativo del glicogeno presente nei lisosomi
- E' codificato dal gene *GAA*
- Il deficit causa accumulo di glicogeno e dilatazione



# Coinvolgimento di organi chiave



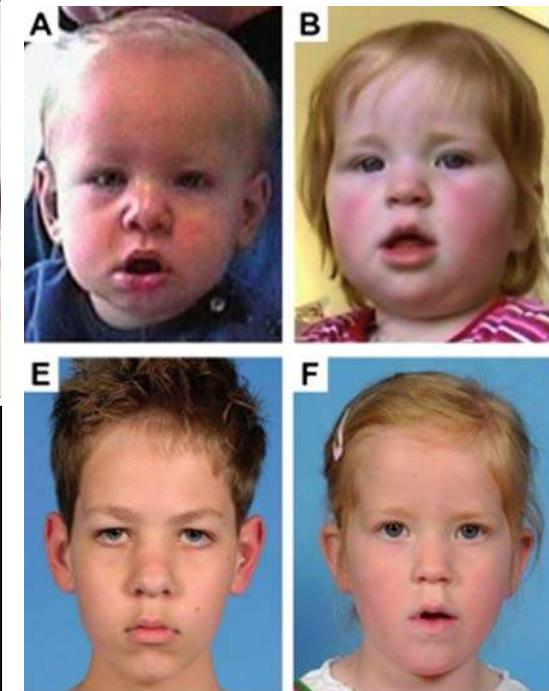
Data on file, Genzyme Corporation.



- L'accumulo di glicogeno **interessa principalmente il tessuto muscolare**
- Principali gruppi muscolari:
  - Muscolo cardiaco (infantile)
  - Muscolo scheletrico prossimale (in particolare arti inferiori e tronco)
  - Muscoli respiratori

# Clinical forms

- ▶ **INFANTILE FORM** - death within the first year of life due to progressive cardiac and respiratory involvement with macroglossia
- ▶ **LATE-ONSET FORM**
  - ▶ **Juvenile form** – it occurs between the two and the twenty years of age. Liver and cardiac involvement is possible
  - ▶ **Adult-onset form** - slowly-progressive; it affects mobility with proximal limb weakness and respiratory function (predominant diaphragmatic dysfunction); absence or mild involvement of cardiac muscle
- ▶ **POST-ERT FORM** - long-term survivors present improvement in cardiac and motor functions. Patients present residual facial muscle weakness, hearing loss, risk for arrhythmias, hypernasal speech, dysphagia with risk for aspiration, and osteopenia



*J Inher Metab Dis* (2012) 35:505–511  
DOI 10.1007/s05456-011-4086-7

ORIGINAL ARTICLE

Facial-muscle weakness, speech disorders and dysphagia are common in patients with classic infantile Pompe disease treated with enzyme therapy

C. M. van Gelder · C. I. van Capelle · B. J. Ebbink · L. Moor-van Nugteren ·  
J. M. P. van den Hout · M. M. Hukkelsteeg · P. A. van Doorn · I. F. M. de Coo ·  
A. J. J. Reuser · H. H. W. de Gier · A. T. van der Ploeg

# Caratteristiche cliniche – forma infantile

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## Cuore

- Cardiomegalia/cardiomiopatia marcata
  - Progressione verso insufficienza cardiaca
- 

## Apparato muscoloscheletrico

- Debolezza muscolare profonda e a rapida progressione (ipotonica/bambino atonico/flessione all'indietro della testa)
  - Principali stadi di sviluppo motorio ritardati
- 

## Apparato respiratorio

- Infezioni respiratorie frequenti
  - Progressione verso insufficienza respiratoria
  - Morte dovuta a insufficienza cardio-respiratoria
- 

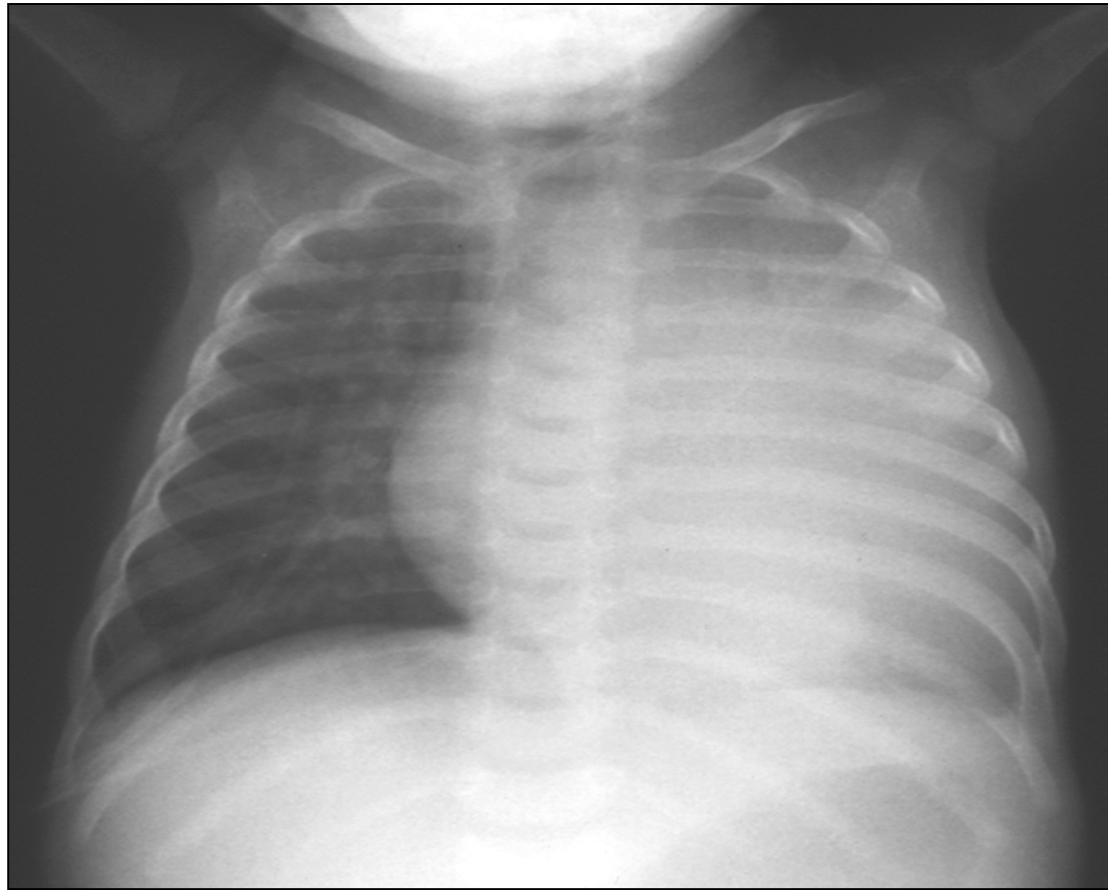
## Apparato gastrointestinale

- Difficoltà di alimentazione/mancanza di crescita
  - Organomegalia (epatomegalia/splenomegalia/macroglossia)
- 

Hirschhorn R, Reuser AJJ. *Glycogen storage disease type II: acid alpha-glucosidase (acid maltase) deficiency. The Metabolic and Molecular Bases of Inherited Disease.* 8th ed. New York: McGraw-Hill; 2001:3389-3420.

Slonim AE, Bulone L, Ritz S, et al. *Identification of two subtypes of infantile acid maltase deficiency.* J Pediatr. 2000;137:283-285.

## GSDII – forma infantile



- Cardiomegalia evidenziabile con RX torace
- Cardiompatia evidenziabile con Eco-cardio
- Progressione verso insufficienza cardiaca
- Anomalie ECG
  - Intervallo PR breve
  - Complessi QRS ampi

Hirschhorn D, Pausier AH. Glucagon storage disease type II: acid alpha-glucosidase (acid maltose) deficiency. *The Metabolic and*

# Caratteristiche cliniche – forma late-onset

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## Apparato muscoloscheletrico

- Debolezza muscolare prossimale progressiva (in particolare arti inferiori e tronco)
- Anomalie a livello di deambulazione
- Dolore muscolare
- Difficoltà a salire le scale
- Cadute frequenti
- Scapole alate

## Apparato respiratorio

- Insufficienza respiratoria di vario grado
- Ortopnea
- Apnea notturna
- Dispnea da sforzo
- Infezioni respiratorie

## Altro

- Sonnolenza durante il giorno
- Cefalea mattutina
- Osteopenia
- Coinvolgimento delle funzioni cognitive superiori

Hirschhorn R, Reuser AJJ. *Glycogen storage disease type II: acid alpha-glucosidase (acid maltase) deficiency. The Metabolic and Molecular Bases of Inherited Disease.* 8th ed. New York: McGraw-Hill; 2001:3389-3420.

## Debolezza prossimale



Debolezza nei muscoli del cingolo pelvico,  
dimostrata da manovra di Gower positiva

Hirschhorn R, Reuser AJJ. Glycogen storage disease type II: acid alpha-glucosidase (acid maltase) deficiency. *The Metabolic and Molecular Bases of Inherited Disease*. 8th ed. New York: McGraw-Hill; 2001:3389-3420.

# GSD II – forma late-onset

## Diagnosi differenziale

Diagnosi	Segni e sintomi in comune	Diagnosi differenziale
Distrofia muscolare progressiva scapolo-omerale e del cingolo pelvico	Debolezza muscolare prossimale progressiva a livello pelvico, di gambe o spalle	Muscoli del tronco (GSDII)
Distrofia muscolare Becker/Duchenne	Debolezza muscolare prossimale progressiva, distress respiratorio, difficoltà di deambulazione	Colpisce maschi e femmine (GSDII)
Polimiosite	Debolezza muscolare progressiva, spesso simmetrica	Possibile dolore muscolare, decorso relativ. rapido (PM)

Brown RH Jr, Mendell JR. Muscular dystrophies and other muscle diseases. In: Braunwald E, et al, eds. *Harrison's Principles of Internal Medicine*. 15th ed. New York: McGraw-Hill; 2001:2530-2539.

Dalakas MC Jr. Polymyositis, dermatomyositis, and inclusion body myositis. In: Braunwald E, et al, eds. *Harrison's Principles of Internal Medicine*. 15th ed. New York: McGraw-Hill; 2001:2524-2529.

Rosenkranz H. Polymyositis. Available at: [www.emedicine.com](http://www.emedicine.com). Accessed on August 25, 2005.

Hirschhorn R, Reuser AJJ. Glycogen storage disease type II: acid alpha-glucosidase (acid maltase) deficiency. In: Scriver CR, Beaudet AL, et al, eds. *The Metabolic and Molecular Bases of Inherited Disease*. 8th ed. New York: McGraw-Hill; 2001:3389-3420.

Chen Y-T. Glycogen storage diseases and other inherited disorders of carbohydrate metabolism. In: Braunwald E, et al, eds. *Harrison's Principles of Internal Medicine*. 15th ed. New York: McGraw-Hill; 2001:2281-2289.

# Glicogenosi II - Eterogeneità

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**Eterogeneità Clinica**

**Eterogeneità Patologica**

**Eterogeneità Genetica**

# Eterogeneità clinica

**Table 1.** Clinical and laboratory data of 38 patients with GSD2

GSD2 phenotype	Infantile	Juvenile	Adult/late-onset
No. of patients	4	10	24
Age at onset (mean)	6.5 months	11.5 years	42.3 years
Brain			
Myelination defects	n.r./n.i.	n.r./n.i.	n.r./n.i.
Angiopathy	n.r.	n.r.	1
Eyes			
Retina	n.r./n.i.	n.r./n.i.	n.r./n.i.
Hearing			
Impaired	0	2	3
Heart			
Cardiac arrhythmia	0	1 (WPW)	2 (WPW)
Cardiomyopathy	4	1	0
Scoliosis	0	8	16
Muscle			
Hypotonia	4	0	0
Scapular winging	4	5	17
Trendelenburg's sign	-	3	21
Tongue enlarged	2	1	1
Proximal	4	10	24
Distal	4	5	10
Diaphragm	4	8	11
Axial	4	8	17
Liver			
Enlarged	4	1	1
Laboratory findings			
CK elevation	4 (1–10x)	10 (1–10x)	24 (1–10x)
LDH elevation	4	5	10
ASAT, ALAT elevation	4	4	4

GSD2, glycogen storage disease type 2; n.r., not reported; n.i., not identified; WPW, Wolf-Parkinson-White syndrome; CK, creatine kinase, LDH, lactate dehydrogenase; ASAT, aspartate aminotransferase; ALAT, alanine aminotransferase.

IperCKemia

Mild muscle involvement

Respiratory involvement

## RESEARCH PAPER

LOPED study: looking for an early diagnosis in a late-onset Pompe disease high-risk population

O Musumeci,<sup>1</sup> G la Marca,<sup>2</sup> M Spada,<sup>3</sup> S Mondello,<sup>1</sup> C Danesino,<sup>4</sup> G P Comi,<sup>5</sup> E Pegoraro,<sup>6</sup> G Antonini,<sup>7</sup> G Marrosu,<sup>8</sup> R Liguori,<sup>9</sup> L Morandi,<sup>10</sup> M Moggi,<sup>11</sup> R Massa,<sup>12</sup> S Ravaglia,<sup>4</sup> A Di Muzio,<sup>13</sup> M Filosto,<sup>14</sup> P Tonin,<sup>15</sup> G Di Iorio,<sup>16</sup> S Servidei,<sup>17</sup> G Siciliano,<sup>18</sup> C Angelini,<sup>6,19</sup> T Mongini,<sup>20</sup> A Toscano,<sup>1</sup> the Italian GSD II group

*Neuropathology and Applied Neurology* (2007), 11, 544–559

doi: 10.1111/j.1365-2990.2007.00638.x

*J Neurol* (2015) 262:966–978  
DOI 10.1007/s00115-015-3661-0

ORIGINAL COMMUNICATION

## Adult-onset glycogen storage disease type 2: clinico-pathological phenotype revisited

B. G. H. Schoser\*, J. Müller-Höckert, R. Horvath\*, K. Gempel†, D. Pongratz\*, H. Lochmüller\* and W. Müller-Felber\*

Clinical and molecular aspects of 30 patients with late-onset Pompe disease (LOPD): unusual features and response to treatment

Federica Montagnese · E. Bucà · O. Musumeci · S. Mondello · A. Miglierita · A. Ciranni · C. Radolico · P. De Filippi · C. Danesino · A. Toscano

# Clinical Heterogeneity

*Acta Myologica* • 2013; XXXII: p. 91-94

HEART

RESPIRATORY

MUSCLE

GASTROINTESTINAL

BONE

BRAIN

VASCULAR

PERIPHERAL NERVES

## Non-muscle involvement in late-onset Glycogenosis II

MASSIMILIANO FILOSTO<sup>1</sup>, ALICE TODESCHINI<sup>1</sup>, MARIA SOFIA COTELLI<sup>1</sup>, VALENTINA VIELMI<sup>1</sup>, FABRIZIO RINALDI<sup>1</sup>, SILVIA ROTA<sup>1</sup>, MAURO SCARPELLI<sup>2</sup> AND ALESSANDRO PADOVANI<sup>1</sup>

Bent Spine Syndrome as the Initial Symptom of Late-Onset Pompe Disease

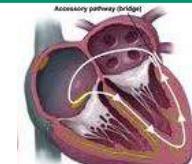
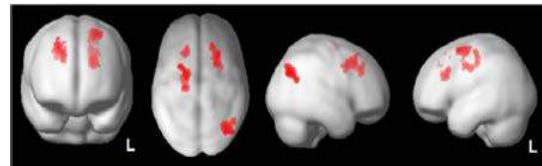
Taisne Nicolas<sup>1</sup>; Desnuelle Claude, MD, PhD<sup>2</sup>; Juntas Morales Raul, MD<sup>3</sup>; Ferrer Monasterio Xavier, MD<sup>4</sup>; Sacconi Sabrina, MD, PhD<sup>2</sup>; Duval Fanny, MD<sup>4</sup>; Sole Guilhem, MD<sup>4</sup>; Flipo René Marc, MD, PhD<sup>4</sup>; Lacour Arnaud, MD<sup>5</sup>; Vennersch Patrick, MD, PhD<sup>3</sup>; Cardon Thierry, MD<sup>1\*</sup>

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Institute of Neurology, Policlinico "A. Gemelli" Foundation  
University Hospital, Rome, Italy



### TO THE EDITOR

Fasciculations in Late-Onset Pompe Disease: A Sign of Motor Neuron Involvement?

# EMG and MRI

## EMG

Needle electromyography demonstrated spontaneous activity in 83% of adults.

Myotonic discharges were found in 72% of adults, often isolated to **the paraspinal muscles**.

Paraspinal examination is necessary in adults with symptoms suggestive of Pompe disease, as abnormalities may be isolated to this region.

Clin Neurophysiol. 2011 Nov;122(11):2312-7

The clinical and electrodiagnostic characteristics of Pompe disease with post-enzyme replacement therapy findings.

Hobson-Webb LD, Dearmey S, Kishnani PS.

## MRI

Muscle changes consisted of *internal bright signals of fatty replacement* without severe retraction of the muscles' corpus.

**Spine extensors and pelvic girdle involvement.**

Muscle changes also in the tongue and subscapularis muscle.

Thigh involvement is heterogeneous in terms of distribution across muscles as well as with respect to the overall clinical presentation.

**The combination of paravertebral and abdominal muscle involvement may serve as a useful tool in the diagnostic work-up of patients with a clinical suspicion of Pompe disease;**

**Trunk abnormalities appear at very early stages of disease** and even in asymptomatic patients, possibly "announcing" the onset of the disease and thus the need for a closer clinical follow-up.



Available online at [www.sciencedirect.com](http://www.sciencedirect.com)



*Neuromuscular Disorders* 21 (2011) 791–799



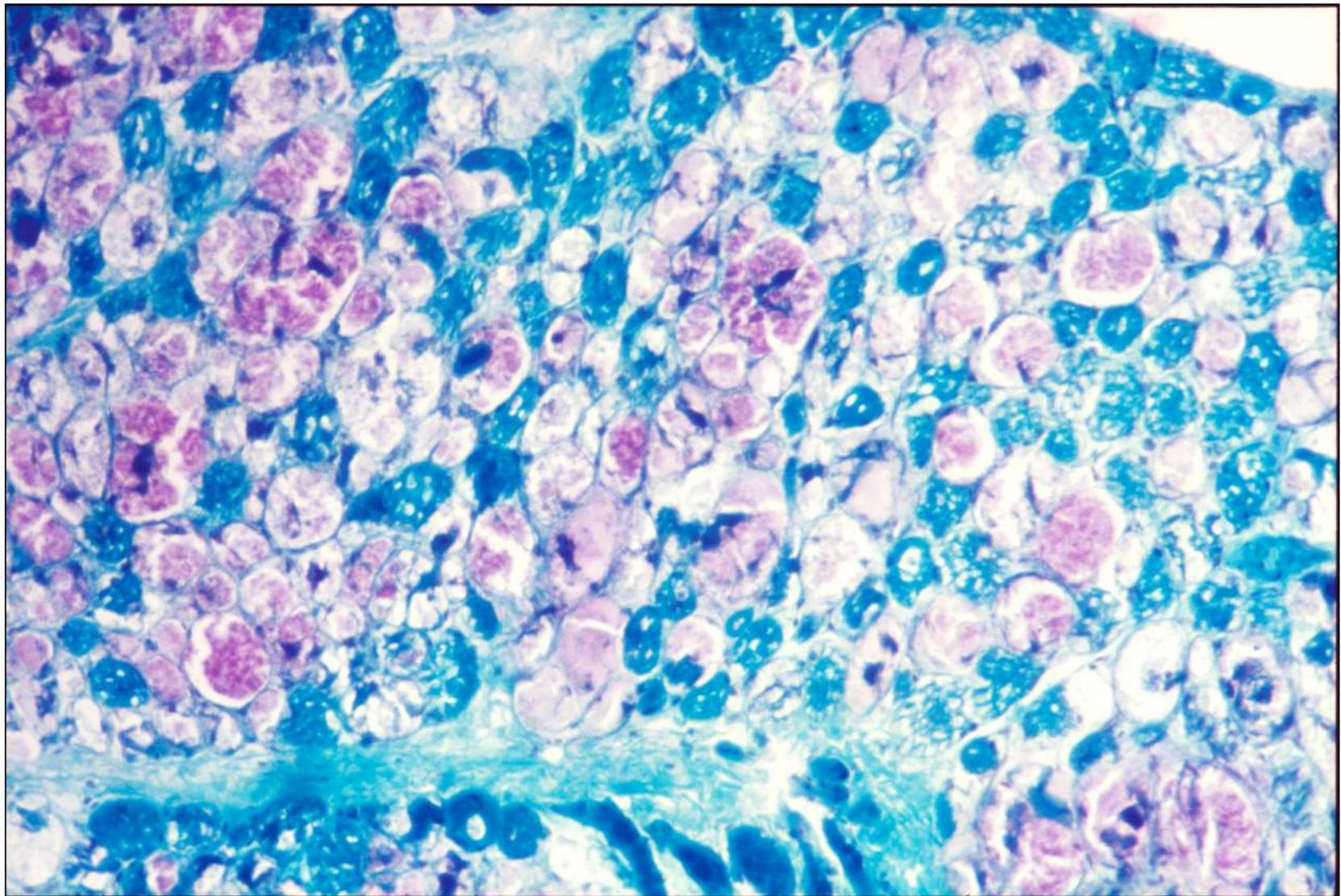
[www.elsevier.com/locate/nmd](http://www.elsevier.com/locate/nmd)

Neuromuscul Disord. 2012 Oct 1;22 Suppl 2:S148-54.

Trunk muscle involvement in late-onset Pompe disease: study of thirty patients.  
Alejaldre A, et al

Whole-body muscle MRI in 20 patients suffering from late onset Pompe disease: Involvement patterns

Robert-Yves Carlier <sup>a,b,f,\*</sup>, Pascal Laforet <sup>c,d</sup>, Claire Wary <sup>b</sup>, Dominique Mompoint <sup>a</sup>,  
Kenza Laloui <sup>e,d</sup>, Nadine Pellegrini <sup>e</sup>, Djillali Annane <sup>e,f</sup>,  
Pierre G. Carlier <sup>b</sup>, David Orlowski <sup>e,f</sup>



75<sup>o</sup>

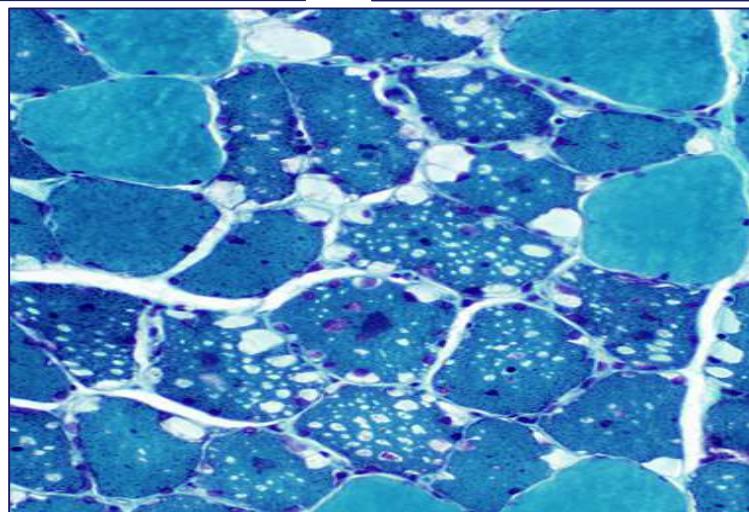
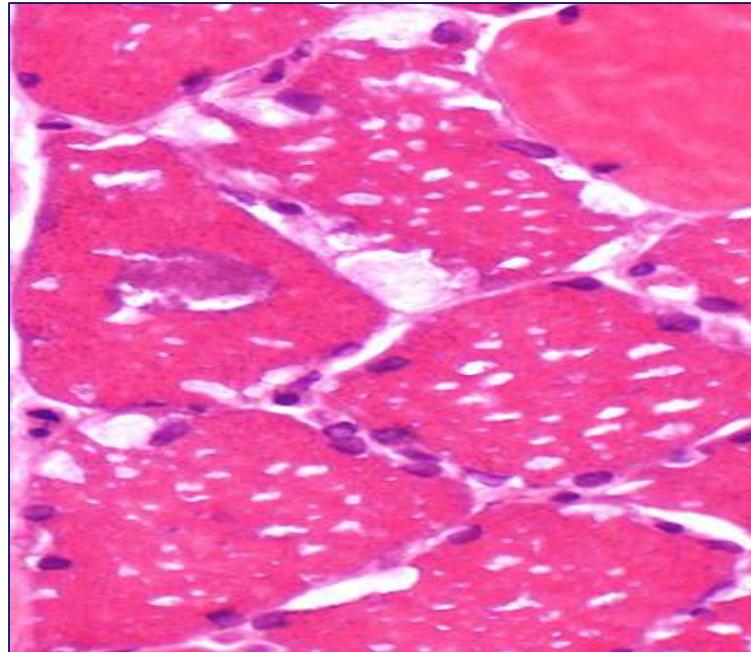
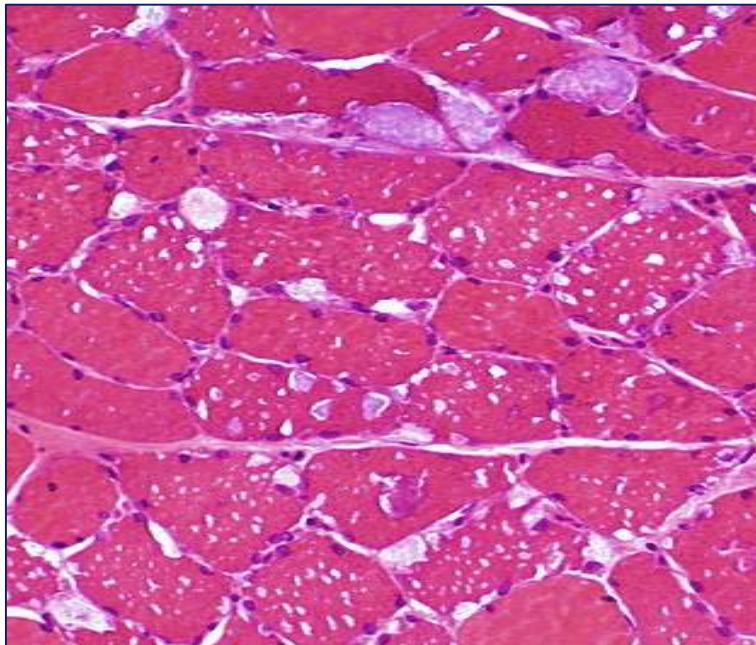
CONGRESSO  
NAZIONALE

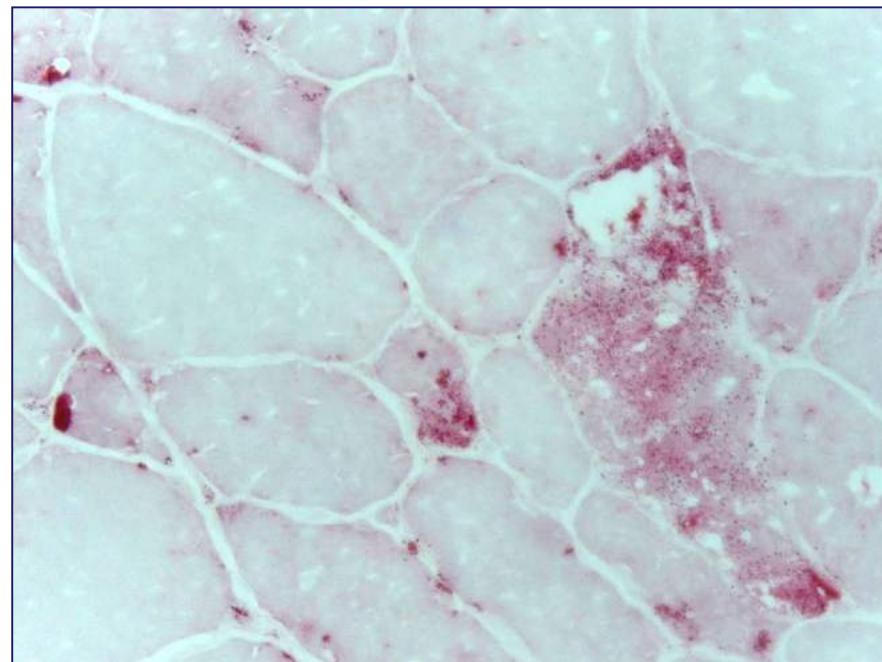
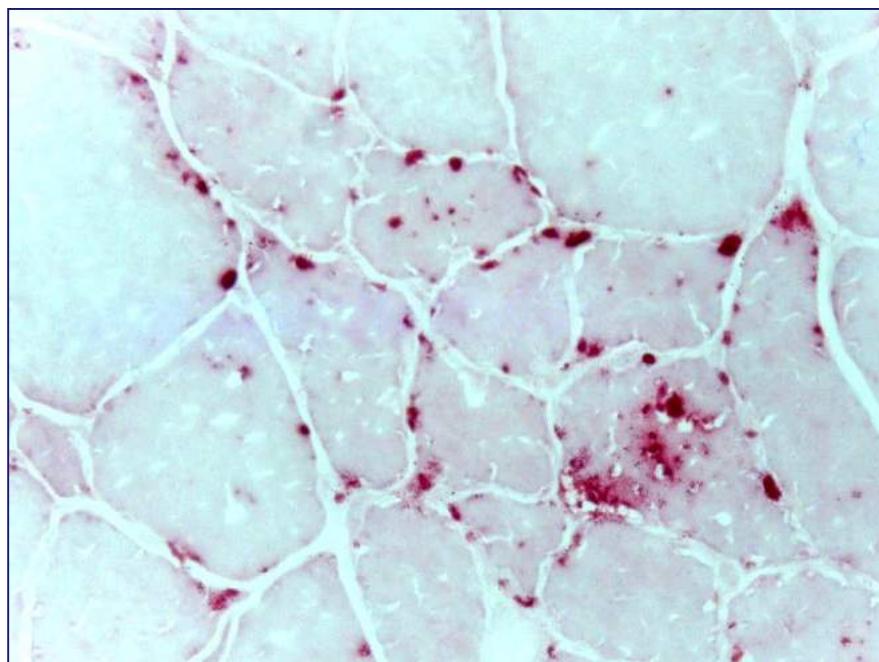
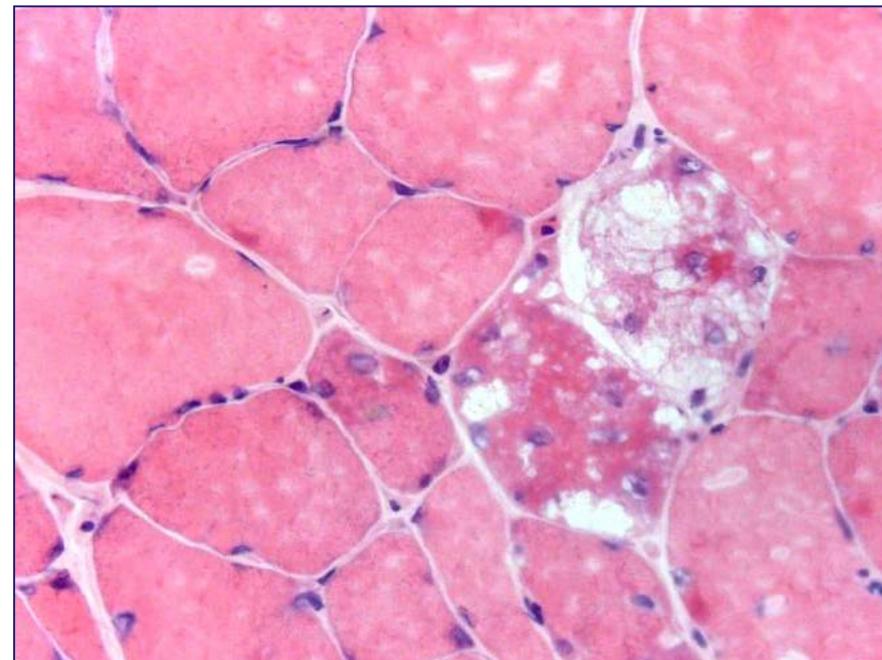
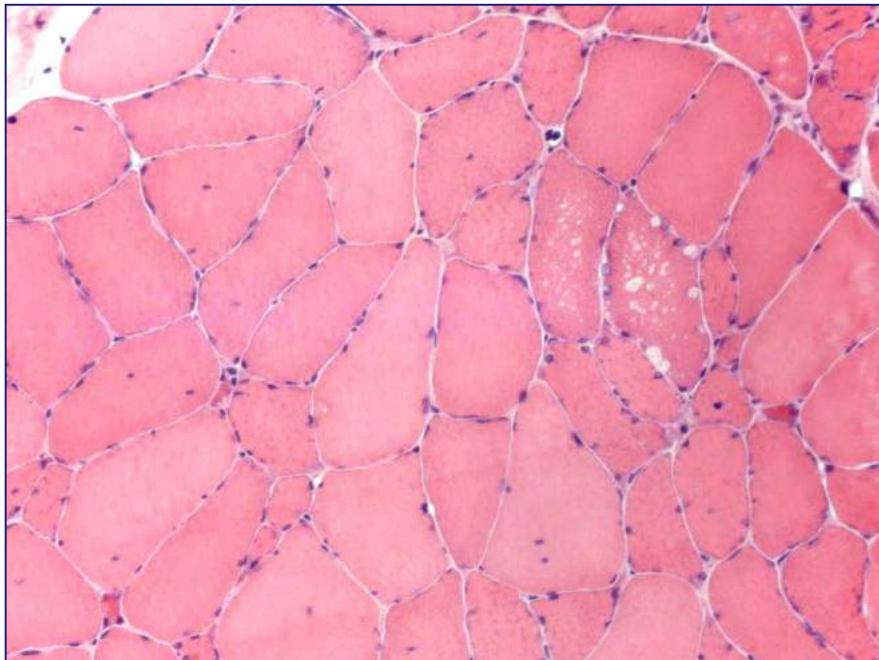
FIMMG  
MI  
2018

MOI  
2018

## Late-onset form

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# Biochemical diagnosis

SAMPLE	ADVANTAGES	DISADVANTAGES
LEUKOCYTES	Minimally invasive, a few steps to prepare.	Requires the use of acarbose to eliminate the interference of glucoamylase
PURIFIED LYMPHOCYTE	Minimally invasive	The preparation is more laborious compared to that required for the dosage on leukocytes
FIBROBLASTS	Availability of a cell line. Reliable assay with synthetic substrate	Results in 4-6 weeks. Laboratory equipped for cell culture. More invasive
MUSCLE BIOPSY	Histological evaluation and biochemical assay. Useful for the differential diagnosis with other myopathies	More invasive. The transport requires the use of liquid nitrogen. Frozen tissue
DRIED BLOOD SPOT (DBS)	Reliable first test for screening patients suspected of having Pompe disease	

# Glycogenosis II: biochemical diagnosis

## STUDIO LOPED

Multicenter observational study by the "Italian Group for the Study of Glycogen storage disease type II" (Italian Association of Myology, AIM) designed to evaluate the prevalence of GSD II in a large population of patients at high risk for the disease, by means of different biochemical DBS methods:

- Fluorimetric technique
- Tandem mass spectrometry



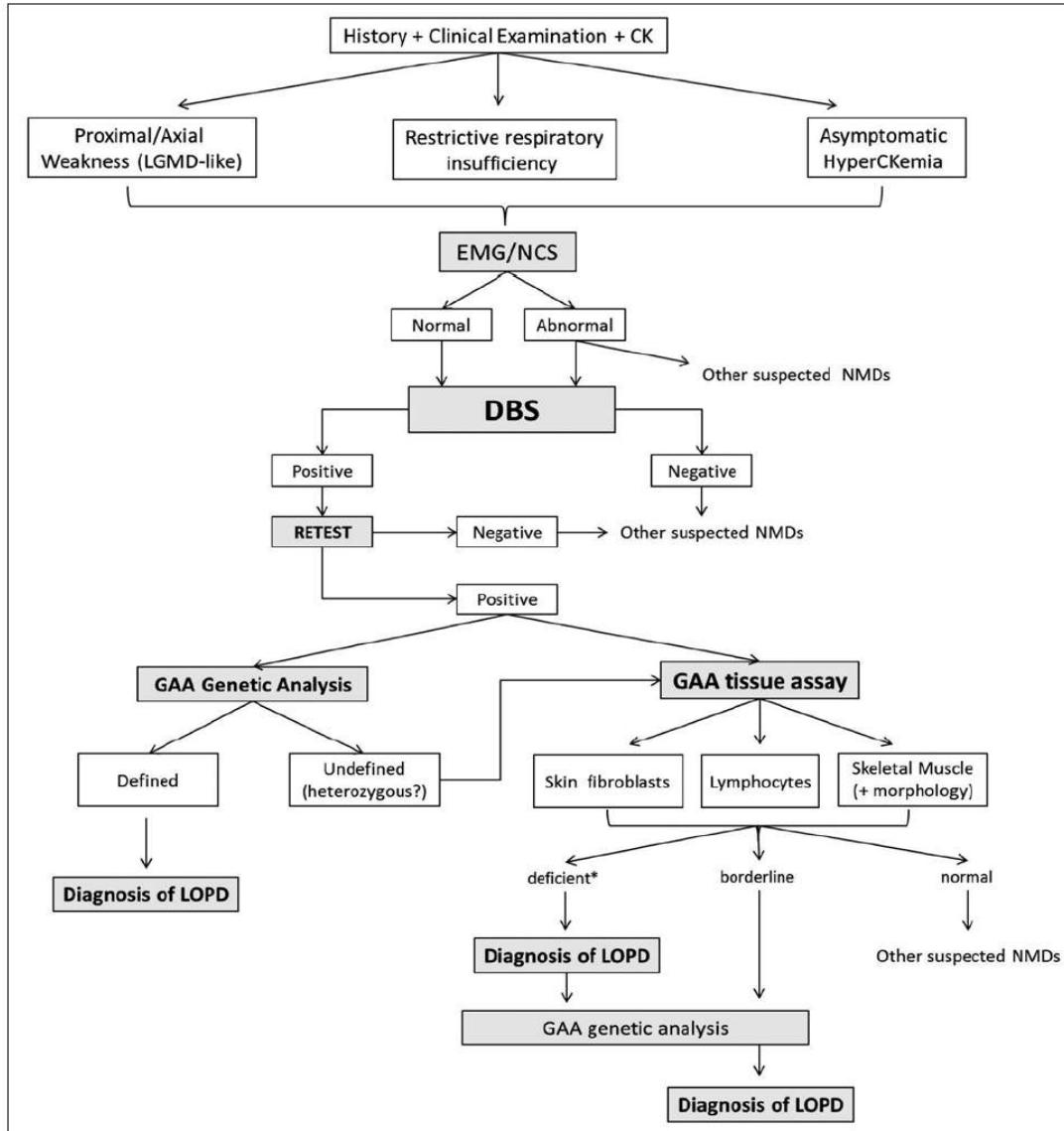
### RESEARCH PAPER

#### LOPED study: looking for an early diagnosis in a late-onset Pompe disease high-risk population

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17 pazienti positivi con deficit biochimico confermato



**Figure 1.** LOPD diagnostic algorithm.

(LOPD) Late-Onset Pompe Disease; (LGMD) Limb-Girdle Muscle Dystrophy; (EMG/NCS) electromyography and nerve conduction studies; (NMDs) neuromuscular disorders; (DBS) dried blood spot; (GAA)  $\alpha$ -glucosidase A; \*GAA activity <30%, borderline 30-40%.

See ▶ 2011 XXXX p. 79-81  
ORIGINAL

**Early is better?**  
A new algorithm for early diagnosis  
in Late Onset Pompe Disease (LOPD)

# Quando inviare il paziente?

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**History + Clinical examination + CK**



- Proximal/axial weakness (LGMD-like)

- Restrictive Respiratory insufficiency

- Asymptomatic HyperCKemia

## Centri di Riferimento

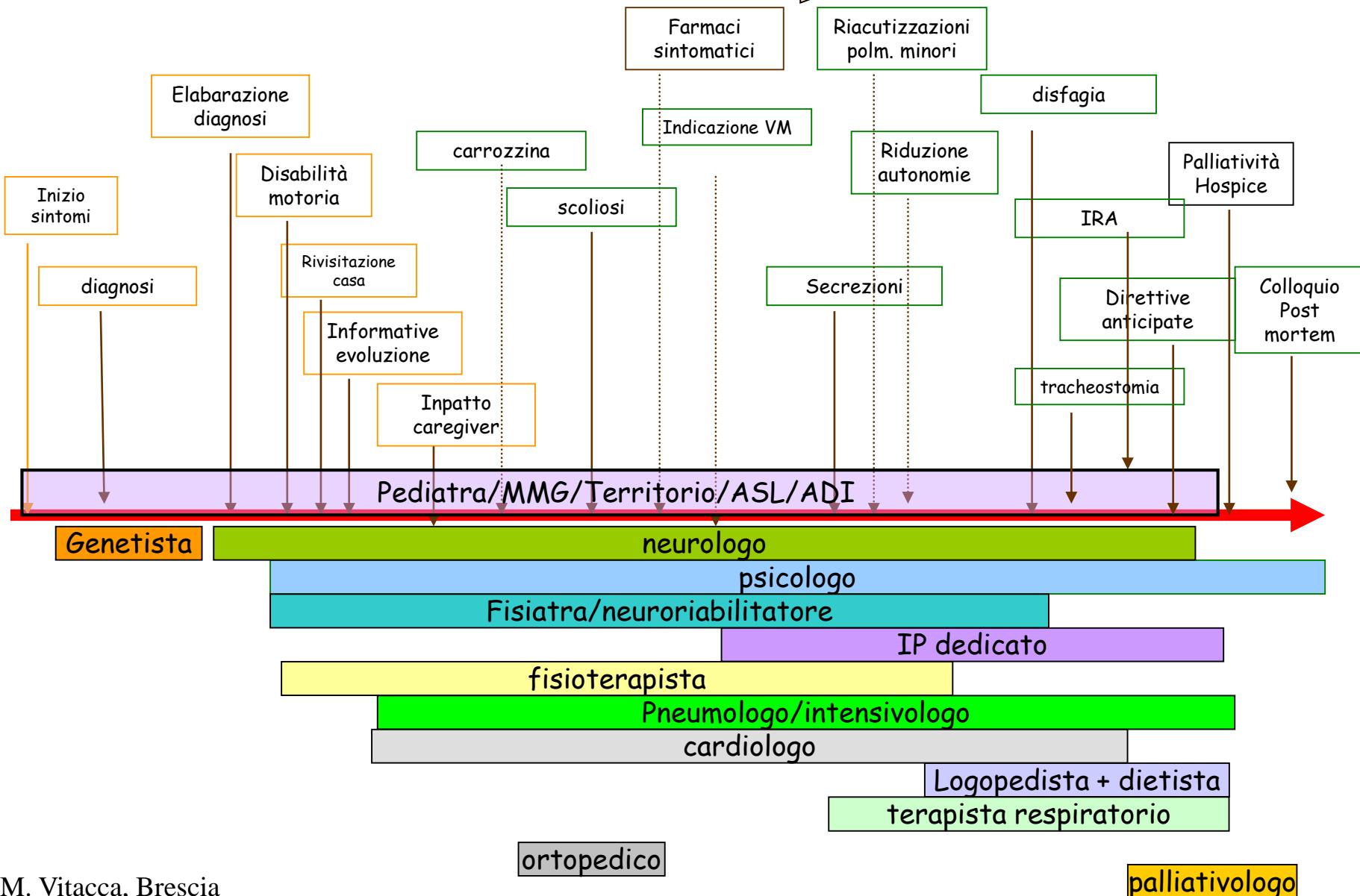


[www.miologia.org](http://www.miologia.org)  
[www.aig-aig.it](http://www.aig-aig.it)



**AIG:**  
ASSOCIAZIONE ITALIANA  
GLICOGENOSI ONLUS

# Malattie neuromuscolari



Michele Vitacca  
Massimiliano Filosto

# Gestione integrata neurologica e pneumologica del paziente con glicogenosi tipo II

Multidisciplinary neurological and pneumological  
management of patients with glycogenosis type II

Rassegna di Patologia dell'Apparato Respiratorio 2010; 25: 00

La necessità di una co-gestione pneumologico-neurologica dei pazienti adulti affetti dalla malattia ha aperto nuovi scenari nell'approccio a pazienti fino ad oggi sostanzialmente "sconosciuti".

L'insufficienza respiratoria polmonare è la principale causa di morbidità e mortalità tra i pazienti affetti dalla forma giovanile o adulta di GSDII.

Current Molecular Medicine 2014, 14, 1-8

## Late-Onset Glycogen Storage Disease Type 2

M. Filosto<sup>\*1</sup>, M.S. Cotelli<sup>1</sup>, V. Vielmi<sup>1</sup>, A. Todeschini<sup>1</sup>, F. Rinaldi<sup>1</sup>, S. Rota<sup>1</sup>, M. Scarpelli<sup>2</sup>  
and A. Padovani<sup>1</sup>

<sup>1</sup>Clinical Neurology, Section for Neuromuscular Diseases and Neuropathies, University Hospital "Spedali Civili", Brescia, Italy

<sup>2</sup>Department of Internal Medicine, Division of Endocrinology, University Hospital "Spedali Civili", Brescia, Italy

# ERT: Myozyme (alglucosidasi alfa)

The recommended dose of Myozyme™ is 20 mg/kg of body weight administered every 2 weeks (14 days) with intravenous infusion.



Riferimenti bibliografici:

Elaborato dalla sezione 4.2. Myozyme™ Riassunto Caratteristiche di Prodotto

## ORIGINAL ARTICLE

## A Randomized Study of Alglucosidase Alfa in Late-Onset Pompe's Disease

Ans T. van der Ploeg, M.D., Ph.D., Paula R. Clemens, M.D., Deyanira Corzo, M.D., Diana M. Escobar, M.D., Julaine Florence, P.T., D.P.T., Geert Jan Groeneveld, M.D., Ph.D., Serge Herson, M.D., Priya S. Kishnani, M.D., Pascal Laforet, M.D., Stephen L. Lake, Sc.D., Dale J. Lange, M.D., Robert T. Leshner, M.D., Jill E. Mayhew, P.T., Claire Morgan, M.D., M.P.H., Kenkichi Nozaki, M.D., Ph.D., Dorothy J. Park, M.D., Alan Pestronk, M.D., Barry Rosenbloom, M.D., Alison Skrinar, M.P.H., Carine I. van Capelle, M.D., Nadine A. van der Beek, M.D., Melissa Wasserstein, M.D., and Sasa A. Zivkovic, M.D., Ph.D.

**Table 2.** Results of Analysis of Covariance for Changes from Baseline to Week 78 for Primary and Secondary End Points.\*

End Point	Alglucosidase Alfa Group (N = 60)	Placebo Group (N = 30)	Difference between Groups	P Value
Distance walked on 6-min walk test — m				
Baseline	332.2±126.7	317.9±132.3		
Week 78	357.9±141.3	313.1±144.7		
Change (95% CI)	25.13 (10.07 to 40.19)	-2.99 (-24.16 to 18.18)	28.12 (2.07 to 54.17)	0.03
Forced vital capacity — % of predicted				
Baseline	55.4±14.4	53.0±15.7		
Week 78	56.7±16.3	50.7±14.9		
Change (95% CI)	1.20 (-0.16 to 2.57)	-2.20 (-4.12 to -0.28)	3.40 (1.03 to 5.77)	0.006
Quantitative muscle testing, leg — % of predicted				
Baseline	37.7±18.9	32.5±18.2		
Week 78	39.1±21.8	30.4±20.5		
Change (95% CI)	1.18 (-1.07 to 3.42)	-2.00 (-5.16 to 1.17)	3.18 (-0.73 to 7.08)	0.11
Quantitative muscle testing, arm — % of predicted				
Baseline	55.9±20.4	56.9±18.2		
Week 78	60.9±21.7	58.3±20.9		
Change (95% CI)	5.05 (1.91 to 8.18)	1.47 (-2.92 to 5.87)	3.57 (-1.83 to 8.97)	0.19
Maximum inspiratory pressure — % of predicted				
Baseline	40.0±19.7	42.6±21.0		

J Neurol (2012) 259:952–958  
DOI 10.1007/s00415-011-6293-5

## ORIGINAL COMMUNICATION

## Observational clinical study in juvenile-adult glycogenosis type 2 patients undergoing enzyme replacement therapy for up to 4 years

C. Angelini · C. Semplicini · S. Ravaglia · B. Bembi · S. Servidei · E. Pegoraro · M. Moggio · M. Filosto · E. Sette · G. Crescimanno · P. Tonin · R. Parini · L. Morandi · G. Marrosu · G. Greco · O. Musumeci · G. Di Iorio · G. Siciliano · M. A. Donati · F. Carubbi · M. Ermani · T. Mongini · A. Toscano · The Italian GSDII Group

# Effects of the ERT

- The muscle strength and respiratory functions deteriorate significantly before beginning therapy

## Following treatment:

- Significant increase in **muscle strength, pulmonary function and daily living activities**, followed by a stabilization of these parameters
- **Muscle function** improves in patients who are not dependent on a wheelchair and who have mild or moderate muscle weakness: it confirms the importance of the timely institution of therapy
- **Respiratory function** in the supine position improves in younger patients who are not dependent on artificial ventilation; Daily use of HMV and hospitalization rate are lower in ERT treated patients; **ERT reduces ventilatory dependence**



Rate of progression and predictive factors for pulmonary outcome in children and adults with Pompe disease

N.A.M.E. van der Reest<sup>a,b</sup>, C.I. van Capelle<sup>b</sup>, K.I. van der Velden-van Etten<sup>c</sup>, W.C.J. Hop<sup>d</sup>, B. van den Berg<sup>e</sup>, A.J.J. Reuser<sup>f</sup>, P.A. van Doorn<sup>a</sup>, A.T. van der Ploeg<sup>a,b</sup>, H. Stam<sup>a</sup>

Lung (2013) 191:537–544  
DOI 10.1007/s00408-013-9489-x

### NEUROMUSCULAR DISEASE

#### Enzyme Replacement Therapy Improves Respiratory Outcomes in Patients with Late-Onset Type II Glycogenosis and High Ventilator Dependency

Andrea Vianello · Claudio Semplicini · Luciana Paladini · Alessandra Concas · Sabrina Ravaglia · Serenella Servidei · Antonio Toscano · Tiziana Mongini ·

Based on these considerations, we believe that our findings provide useful information for physicians caring for patients with “late-onset” GSDII, in terms of clinical practice, which can be summarised as follows:

- ERT should be considered as viable option for individuals showing far advanced respiratory compromise;
- patients with severe respiratory disability demonstrate great tolerance and good acceptance of this therapy;
- serial FVC measurement is inadequate and potentially misleading in order to evaluate the efficacy of ERT on



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[www.elsevier.com/locate/nmd](http://www.elsevier.com/locate/nmd)

Workshop report

208th ENMC International Workshop:  
Formation of a European Network to develop a European data sharing  
model and treatment guidelines for Pompe disease  
Naarden, The Netherlands, 26–28 September 2014

Benedikt Schoser <sup>a</sup>, Pascal Lafosse <sup>b</sup>, Michelle E. Kruijshaar <sup>c</sup>, Antonio Toscano <sup>d</sup>,  
Pieter A. van Doorn <sup>e</sup>, Ans T. van der Ploeg <sup>c,\*</sup> on behalf of the European Pompe Consortium  
(EPOC)

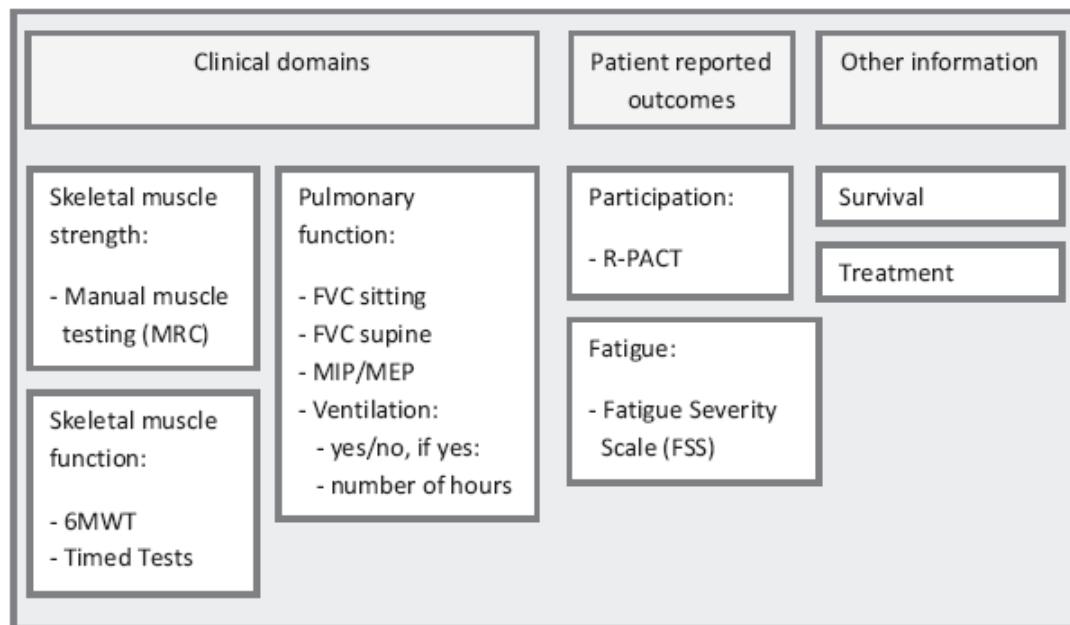


Fig. 1. Domains affected in adult Pompe patients and minimal set of outcome measures. MRC – the Medical Research Council grading scale (ranging from 0 to 5); 6MWT – six minute walk test; Timed tests: walking 10 metres, climbing four steps, standing up from supine position and standing up from a chair; MIP/MEP – maximum inspiratory/expiratory pressure, FVC – forced vital capacity; R-PACT – Rasch-built Pompe-specific activity scale, FSS – fatigue severity scale.

# Transizione dalle cure pediatriche a quelle dell'adulto

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La Società Americana di Medicina dell'adolescente ha definito la fase di transizione come

“un passaggio, programmato e finalizzato, di adolescenti e giovani adulti affetti da problemi fisici e medici di natura cronica da un sistema di cure centrato sul bambino ad uno orientato sull'adulto”



## Malattia di Pompe in transizione - Rischi

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Creazione di un gruppo di pazienti con problematiche cliniche diverse dai pazienti infantili e dai pazienti ad esordio tardivo



Difficoltà di gestione

Assenza di coordinazione gestionale

Creazione di “Malati orfani”

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